

Legacy Society Banquet

By Becky Fitzgerald, Development Director

In 2004, Sugarland, Texas, resident Don Rasmussen was diagnosed with Parkinson's disease. His doctor at the time wasn't optimistic. "I hope you have a bucket list," Don remembers the physician saying. "You won't be doing anything in five years."

A half decade later in 2009, Don and his wife, Bea, had been Meadowlark residents for nearly two years, and Don appeared to be nowhere near kicking that metaphorical bucket.

"Meadowlark fit exactly what we needed," Bea said. "This place is our gift from God."

Don agrees, and soon after moving to a Meadowlark Valley cottage in late 2007, he looked for ways to contribute. He quickly became an active member of the Parkinson's Education and Support Group, and later expanded his involvement to the PD Core Team. He was his neighborhood's representative on Resident Council, and in 2009, he was elected to the Board of Trustees, serving five years.

While a Council and board member, Don devoted many hours to two major campus projects, and he and Bea have financially supported various campaigns, projects and programs. Don's significant contributions of time and talent have greatly impacted the Meadowlark community and drew the attention of Meadowlark staff and board members. He received the 2017 Legacy Award on Monday, May 15, at the 15th annual Legacy Society Banquet sponsored by Meadowlark Foundation. The award, presented Monday by Neil Horton, the Foundation's Board of Directors president, recognizes public service-minded individuals who have made significant volunteer and financial contributions to the Meadowlark community.

The campus projects mentioned above are parking and pedestrian safety and improvements to a water-retention

pond on the north edge of campus. A former chemical engineer, Don teamed with another resident and former engineer, Bob Smith, to solve pedestrian issues. They encouraged staff to add sidewalks, signage, line-of-sight corrections, speed control measures, and staff training.

Bayer Pond Nature Area was dedicated in 2015 after 15 years of starts and stops. A few other former residents could see potential for the area's development, but it was



Award winners pictured left to right: Linda Burton, daughter of the late Marla Bugbee, Bonnie Nespore, and Patricia Miksch. Back row: Don Rasmussen and Duane Miksch.

Don who organized a committee, made regular reports to the board and raised about \$28,000 from resident donors for improvements.

His activism and fundraising abilities also have been noteworthy at the annual Speedy PD, a race benefitting the Parkinson's Program. Don has served eight years on the race planning committee, and he and his family have yearly raised thousands for the program with a team of runners. The

Rasmussen's are members of the Legacy Society, which includes individuals who have named Meadowlark Foundation as a recipient of charitable support through estate planning. In addition the Society welcomes donors who have given one-time or cumulative gifts which total \$25,000 or more.

Other honorees at Monday's banquet included Society members Duane and Patricia Miksch, who received the Good Samaritan Award; Bonnie Nespore, winner of the Margaret Wheat Spirit of Meadowlark Hills Award; and the late Marla Bugbee. Marla's daughter Karen Armbrust of Manhattan accepted the Johanna Lyle Excellence in Service Award on behalf of her mother and siblings.

Legacy Society Banquet Cont.

The Miksches began donating to the Good Samaritan Fund in 2009 prior to their move to a Meadowlark cottage in 2011. They support the fund yearly in a variety of ways: Honor a Legacy and the Dollar-a-Day campaigns, Grow Green Match Day and HOGtoberfest. They also have supported the Parkinson’s Program and gave a major gift to support the Verna Belle’s Café renovation. Duane’s contribution of time includes serving on Meadowlark’s Board of Trustees. Pat is a song leader at vespers and is a soprano with the Meadowlark Singers.

The spirit award honors a resident who embodies the spirit and person-directed culture of Meadowlark Hills. Bonnie Nespor currently lives at Sloan House, and staff said she is a wonderful supporter of and advocate for new residents. She goes out of her way to make them feel welcome and cared about. “Her favorite pastime is visiting with other residents and sharing memories and stories about her life and listening to the stories of others,” noted Neil Horton during the event.

Marla Bugee, winner of the service award, lived in an Independent Living apartment for nearly 18 years prior to her death this past February, and she

was a leader on the former Bingo Committee for most of that time. She called games, recruited other callers, worked with the restaurant kitchen to provide prizes and helped make decisions about how bingo proceeds would be spent. Other volunteer roles included weekend greeter, Meadowlark Auxiliary sewer, and Resident Ambassador member.

About 100 residents, staff, board members and Legacy Society members joined the winners at this year’s event, which was held at the Bluemont Hotel. Dr. Gayle Doll, associate professor in the College of Human Ecology and director of the Center on Aging at K-State, was the banquet speaker. Her presentation, “My Love Affair with Meadowlark Hills”, featured advice from former and current residents about how to age and live well. For the past several years, Dr. Doll has taught a gerontology course at Meadowlark; residents may audit the class, participating in the discussion.

Legacy Society members are investing in Meadowlark Hills and ensuring the future of Meadowlark’s programs and services. If you’d like to know more about Society membership, please contact Becky Fitzgerald at 323-3843.



Becky Fitzgerald presents the Margaret Wheat Spirit of Meadowlark Hills Award to Bonnie Nespor.



Lunch Specials

May 22 – May 26

Hours: Monday—Friday, 7 a.m. to 4 p.m.

- Monday, May 22 – Fried Bologna with Side** \$3.75/\$5.50
(Bologna, Swiss cheese and pickle on a Hawaiian roll with Dijon aioli)
- Tuesday, May 23 – Grilled Chicken and Macaroni and Cheese Bowl** \$5.50
(Grilled Chicken, tomatoes, green onions and parmesan cheese over the top of creamy macaroni and cheese)
- Wednesday, May 24 – Chicken Bacon Ranch Wrapini with Potato Salad** \$3.75/\$5.50
(Chicken, bacon, ranch dressing and shredded cheddar cheese in a flavored wrap with lettuce and tomato)
- Thursday, May 25 – Everything Bagel Sandwich with Fruit Salad** \$3.75/\$5.50
(Turkey, ham and Swiss cheese in an everything bagel with a honey mustard glaze)
- Friday, May 26 – Nacho Burger with Ambrosia Salad** \$5.50
(Grilled hamburger topped with nacho cheese, lettuce and pic de gallo on a butter toasted bun)

UPCOMING EVENTS & ANNOUNCEMENTS

Coffee Mugs for Sale

In recognition of Memorial Day, The Meadowlark Hills Veterans Group will be selling Memorial Day Coffee Mugs to honor loved ones or veterans that have passed.

If you would like to purchase a mug, they will be available for sale starting today, May 18 through Monday, May 29 (Memorial Day). Starting Wednesday, May 24, the purchased mugs will be on display in the lobby by the Village Entrance. A template will be placed inside the mug with the name of the loved one or veteran who is being remembered.

On Memorial Day at 1:30 p.m., Meadowlark Hills will have a short remembrance ceremony in the lobby by the Hospitality Desk. We will take time to read the names of those being honored and a moment of silence to reflect.

You will be able to take your coffee mug home any time after the ceremony on the 29th. The cost of the mug is \$13. If you have any questions, please contact Monte Spiller at 323-3801

Come Say Goodbye

Today, May 18, from 2 to 4 p.m.

Tracy Musselman is leaving after 7 1/2 years working here at Meadowlark Hills mostly as Lonnie Baker's Executive Assistant. Please come by the Game Room from 2 to 4 p.m. today to tell her goodbye.

Pub Closed

The pub continues to be closed until May 20. A temporary bar is set up within the pub while the bar top is renovated. Staff is asking all to please not touch the top of the bar while they complete the finishing.

Artist Jo Schwartz

Friday, May 19, at 7 p.m.

On Friday, May 19, Meadowlark is in for a treat! We welcome professional pyrography artist and Kansas Native, Jo Schwartz. What first started as a hobby has now become an artist's passion! Jo is known world-wide for her pyrography and has sold artwork across the globe. Jo was the first person to teach pyrography at the McMurdo Station in Antarctica. Jo prefers burning on various types of wood- recycling some from a local cabinet shop. Jo will be on hand discussing some of her pieces and explaining what goes into pyrography at 7 p.m. in the Community Room.

Vespers Services

Sunday, May 21 at 7 p.m.

The Vespers service, led by Rev. Ben Duerfelt, from First Christian Church will be held at 7 p.m. Sunday, May 21, in the Community Room.

Concrete Repair

Monday, May 22

On Monday, May 22, concrete repair in front of Bramlage/Wroten will begin. Although work will cause some detours, there will be a clear path at all times to access the front door. Noise and dust should be expected as a jack hammer will be used during this process. Similar repair to a large section of damaged concrete in front of Miller/Tinklin will start on Wednesday, May 24. They will be closing the sidewalk north of the Miller/Tinklin entrance around the curve to the parking lot. Estimated completion time for both of these projects is Friday, May 26 weather permitting. If you have any questions, please contact Jon Bechtel project Manager 785-323-3896.

Diabetic Support Group

Wednesday, May 24, at 10 a.m.

On May 24, Kara Bergman, Pharmacist, will be reviewing medications on an individual basis with residents. Residents can bring in a list of their medications to the KSU classroom.

Church Ladies

Friday, May 26, at 7 p.m.

On Friday, May 26, Meadowlark Hills welcomes *The Church Ladies*. They are a harmony based acoustic trio made up of Mary Louise Stahl (daughter of a Presbyterian minister), Joan Nelson (Presbyterian Church secretary), and Kati Collins (Associate Pastor at First Presbyterian). So they really are Church Ladies! They will be performing in the Community Room at 7 p.m.

Holiday Hours

Monday May 29

Verna Belle's Café will be open on Memorial Day, Monday, May 29, from 7 to 1:30 p.m.

First Friends on the First

Thursday, June 1, at 4 p.m.

Meadowlark Methodist Parishioners will meet with the pastors. The program, with refreshments, will be held in the Community Room on Thursday, June 1, at 4 p.m. All are welcome!

UPCOMING EVENTS & ANNOUNCEMENTS

Meadowlark Wellness Olympiad Update

The Olympiad is wrapping up, but team points are still available. We will hold the Post-Party tomorrow, Friday, May 19, from 3 to 4:30 pm in the Game Room.

During the Post-Party we will be holding our Healthy Recipe Challenge, where teams are encouraged to bring a healthy salad for judging and to share with the other participants. You can decide on what kind of salad to bring, we only ask that you provide a list of ingredients. The Olympiad committee will score your salad entries based on taste and how healthy the ingredients are. Teams will earn 5 points for participating in the Healthy Recipe Challenge, with 15 points going to the 1st place team, 10 points for the 2nd place team, and 5 points to the 3rd place team.

The final physical activity tracking sheet will be due at the Post-Party. Participants will also be able to vote for the resident and employee they feel should win the Most Inspirational Award. After the salads have been judged and tracking sheets have been tallied, we will hand out awards to the winners.

Please let Jeff Heidbreder, Fitness Leader, know if you have any questions about the Olympiad or Post-Party.



Brook Niehues competes in the ping pong relay as her teammates Sarah and Brittany cheer her on..

All-Campus Party

Thursday, May 25, at 2 p.m.

Lyle House is hosting an ice cream social on Thursday, May 25, at 2 p.m. in the Community Room. Everyone is invited!

Summerfest

Friday, June 2, at 5 p.m.

Meadowlark Hills invites you and your family to our annual community block party, **Summerfest!**

Summerfest is Meadowlark Hills' annual kick-off to summer, so what better way to welcome summer than to attend this fun-filled bash!

Summerfest will begin at 5 p.m. Friday, June 2. This yearly free event features a cook-out, beer garden, inflatables, games and live entertainment by Dillon Ray. The cookout will start at 5 p.m. and Dillon will be performing from 6 to 8 p.m.

We look forward to seeing you all there!

Building Caregiver Confidence

Mondays, June 5 to June 26, from 1:30 to 3 p.m.

Beginning on Monday, June 5 from 1:30 to 3 p.m., the Alzheimer's Association in partnership with Meadowlark Memory Program will be holding a four-part series workshop. It is for family caregivers and friends who care for individuals with Alzheimer's disease or a related dementia. The workshop will be held at the Manhattan Public Library Auditorium located at 629 Poynts Ave. in Manhattan, Kansas.

Part 1-June 5, 2017 The basics: memory loss, dementia and Alzheimer's disease. This session includes a disease overview. Diagnosis, stages of the disease, and communication tips will be shared.

Part 2-June 12, 2017 Understanding and responding to dementia-related behavior. Some dementia related behaviors can present real challenges for caregivers to manage. Learn to identify common behavior triggers and strategies to decrease the intensity and frequency of these behaviors,

Part 3-June 19, 2017 I can't do this anymore. Community resources and care options will be reviewed including a discussion about making the long term care placement decision

Part 4-June 26, 2017 I should, I ought, I have to. A conversation about that guilt and grief that typically goes along with the role of caregiver including the impact it has on the caregiver and the person they are caring for.

Light refreshments and transportation will be available. Please sign up in the Blue Book if you are needing transportation.

If you have any questions or want to attend the Workshop, please call (800) 272-3900 or contact Cindy Miller at (785) 271-1844.

UPCOMING EVENTS & ANNOUNCEMENTS

Symphony in the Flint Hills

Saturday, June 10th

We will be taking a group to the 12th Anniversary of Symphony in the Flint Hills on Saturday, June 10.

We will travel to the Deer Horn Ranch in Geary County, where they will continue their tradition of stories, art, music and magic under the prairie sky. They will also commemorate the 150th Anniversary of the Chisholm Trail with special guest, western song artist Michael Martin Murphey.

The package price offered, which includes a ticket, reserved seat and transportation will be \$114. You can register for this event by signing up in the Blue Book, located at the Hospitality Desk. Residents, Passport Members, board members and their friends and families are welcome. Monte Spiller and Becky Fitzgerald are expected to serve as staff escorts. If you have questions, please contact Monte at 323-3801.

Staying Put

A familiar face is staying at Meadowlark, but this time she won't be living here. Rachel Severt, KSU Family Studies major and former anthropology student-Resident of Meadowlark, will be employed for the summer as a Home Health Companion and an Intern for the Support Services Team.

For her internship, Rachel will be working on two main projects while also shadowing several employees across campus. Throughout the summer, Rachel will be scheduling time with Residents to visit their apartment or cottage to find out what each person loves about their home and what they may have done differently if they could do it over again.

It's hard to believe, but it is time to start planning Christmas Carousels! Luckily, we have Rachel here to get the party started! She will be diligently gathering ideas and creating our Holiday spectacular!



LETTER TO THE MESSENGER

On the High Cost of Ruffled Feathers

Submitted by Helen Roser

Though two hundred year old wine needs a cool, dark place, the now famous "world's most expensive bottle of wine" was on display in a sunny window with a spotlight beaming on it.

The hilarious true account of what happened at the auction in England was written by a wine expert who knew the men involved. Christie's' was going to auction a bottle of wine that had been owned by Thomas Jefferson. Its cork was covered by a wax seal and the J was on the label.

Malcolm Forbes, a rich American, cared nothing about wine, but he thought the bottle would look nice in his collection of Thomas Jefferson items in Virginia. So Mr. Forbes sent his two men in his Boeing 727 to buy the bottle. His rule was "When I send you for something, I expect you to bring it home."

Also attending the auction was a fledging wine merchant in Texas. We will call him H for short. He had spent his last cent for a coach seat to England, figuring he would borrow the money to pay for the bottle which he thought might go for as much as \$10,000.

At the auction, H saw the Forbes men, whom he knew. They told him, "We have come for the bottle," then smugly added, "The plane is waiting." Remembering his coach seat, that the plane is waiting really ruffled H's feathers. With Forbes men here, he knew he didn't have a chance and took a seat at the back of the room.

The bidding reached \$100,000, then \$150,000 followed by \$152,000. There was a pause and a sudden thought hit H as the auctioneer began, "Going once..." Suddenly H was thinking, "What if \$150,000 was Forbes' cut-off price? His men had bid \$150,000 and I have just bid \$152,000. What have I done? What if I get it? I will be working the rest of my life to pay for it!"

The auctioneer saw the little finger of one of the Forbes men. He had bid \$154,000. H was off the hook. But, he had learned the almost-hard way the high cost of ruffled feathers at an auction.



PRAIRIE STAR RESTAURANT

Monday to Saturday, 10:30 to 8 p.m.
Sunday, 10:30 a.m. to 7 p.m.

May 21 - May 27

No reservations will be taken during renovations. Lunch & dinner will be served Monday to Friday in the Kansas Room & Game Room. Verna Belle's is open for sitting during dinner only. Delivery fee is waived and to go orders can be placed and picked up in the Pub.

SUNDAY	May 21 ~ Lunch \$12	Dinner \$10
	Baked Ranch Cornflake Chicken Scalloped Potatoes Vegetable of the Day	Ham and Beans Cornbread Vegetable of the Day
MONDAY	May 22 ~ Lunch \$11	Dinner \$13
	Prime Rib Sandwich Open Faced on Rye French Fries Choice of Vegetables	Coconut Shrimp Twice Baked Potatoes Vegetable of the Day
TUESDAY	May 23 ~ Lunch \$8	Dinner \$13
	Fajita Bar (does not include drink, starter, or dessert)	Roasted Pork Tenderloin Roulade with Wild Mushrooms and Spinach Balsamic Demi Glaze with Wild Rice Vegetable of the Day
WED.	May 24 ~ Lunch \$10	Dinner \$12
	Hot Turkey Sandwich Mashed Potatoes with Gravy Choice of Vegetable	BBQ Thighs and Legs Au Gratin Potatoes Vegetable of the Day
THURS.	May 25 ~ Lunch \$7	Dinner \$14
	Baked Potato Bar with Sweet Potatoes (does not include drink, starter, or dessert)	Grilled Salmon with Sun Dried Tomato Sauce Balsamic Mixed Grains Vegetable of the Day
FRIDAY	May 26 ~ Lunch \$10	Dinner \$14
	Fried Catfish Hushpuppies Cole Slaw	Braised Short Ribs Green Chili Mashed Potatoes Vegetable of the Day
SAT.	May 27 ~ Lunch \$10	Dinner \$13
	Tamale Pie Black Beans Spanish Rice	Chicken Milanese Baked Potato Vegetable of the Day

*You may substitute an extra vegetable for the starch

** Buffet Style (Includes Small Salad Bar, Condiments & Dressings, and the Soup Of The Day)

Grosh Cinema Movies

Sunday, May 21 - Saturday, May 27

Show Times: 1, 4 and 7 p.m., Monday – Saturday

2 and 6 p.m., Sunday

Sunday, May 21 – Scooby-Doo (2002)

In this live-action feature, Scooby and the gang journey to Spooky Island, where a magical force is awakened that could spell doom for the human race.

Co-Starring: Freddie Prinze Jr., Sarah Michelle Gellar & Matthew Lillard

Rated PG; 1 hr. 26 min.

Monday, May 22 – Hidden Figures (2016)

In the race to space between the United States and the Soviet Union during the Cold War, three black female mathematicians play a key role in launching astronaut John Glenn into outer space.

Co-Starring: Taraji P. Henson, Octavia Spencer & Janelle Monae

Rated PG; 2 hrs. 7 min.

Tuesday, May 23 – Hope Floats (1998)

After a public breakup, a once-perfect Texas belle has a hard time going home again. Maybe a hunky old beau will help.

Co-Starring: Sandra Bullock, Harry Connick Jr. & Gena Rowlands

Rated PG-13; 1 hr. 54 min.

Wednesday, May 24 – Charlie St. Cloud (2010)

Ben Sherwood's intriguing novel is the basis of this ghost story about Charlie, who is devoted to this brother, Sam, even after Sam's death.

Co-Starring: Zac Efron, Charlie Tahan & Amanda Crew

Rated PG-13; 1 hr. 38 min.

Thursday, May 25 – While You Were Sleeping (1995)

Sandra Bullock plays a transit worker who rescues a handsome commuter, then pretends to be the comatose man's fiancée while falling for his brother.

Co-Starring: Sandra Bullock, Bill Pullman & Peter Gallagher

Rated PG; 1 hr. 43 min.

Friday, May 26 – The Prestige (2006)

Desperate to reveal each other's secrets, two rival magicians begin to perform increasingly risky tricks—which soon turn deadly.

Co-Starring: Hugh Jackman, Christian Bale & Michael Caine

Rated PG-13; 2 hrs. 10 min.

Saturday, May 27 – The Children's Hour (1961)

In this daring drama, Karen and Martha are the headmistresses of an exclusive school for girls. When they discipline a malicious little girl, the vindictive child twists an overheard comment into slander.

Co-Starring: Audrey Hepburn, Shirley MacLaine & James Garner

Not Rated; 1 hr. 48 min.

This Week's Opportunities May 21 - May 27

SUNDAY • MAY 21

Breakfast at Verna Belle's—Omelets with Fruit
 9:00 a.m. ~ Miller Worship Service, MFR
 10:00 a.m. ~ Worship Service, CR
 2:00 p.m. ~ Wroten Worship Service, WL
 7:00 p.m. ~ Vespers, Rev. Ben Duerfelt from First Christian Church, CR

MONDAY • MAY 22

Breakfast at Verna Belle's—Biscuits & Sausage Gravy
 9:30 a.m. ~ Seated Strength, CR
 10:20 a.m. ~ Weights 101, CR
 11:00 a.m. ~ Sit & Be Fit, CR
 12:00 p.m. ~ Yoga, CR
 12:00 p.m. ~ 1st Pres. Men's Luncheon, MR
 1:00 p.m. ~ Blood Pressure Clinic, GR
 1:15 p.m. ~ Parkinson's Exercise Class, CR
 1:30 p.m. ~ Ladies Pool Table Time, BP
 1:30 p.m. ~ Grief Support Group, CON
 5:30 p.m. ~ Eastside Supper, MR
 7:00 p.m. ~ Community Bingo, CR

TUESDAY • MAY 23

Trash pick-up day
Breakfast at Verna Belle's—Breakfast Sandwich with Fruit
 10:30 a.m. ~ Steady Yourself, CR
 11:15 a.m. ~ Chair Yoga, CR
 12:00 p.m. ~ Seven Dolors Book Discussion, LR
 3:00 p.m. ~ Coffee Corner, CR
 4:00 p.m. ~ Newspaper & Bible, LR
 5:30 p.m. ~ 3rd Floor Supper, CR

WEDNESDAY • MAY 24

Breakfast at Verna Belle's—Breakfast Burrito with Fruit
 9:30 a.m. ~ Seated Strength, CR
 10:00 a.m. ~ Worship Service, LR
 10:00 a.m. ~ Memory Activities Class - ArtFull Memories, Beach Museum
 10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
 10:20 a.m. ~ Weights 101, CR
 11:00 a.m. ~ Sit & Be Fit, CR
 12:00 p.m. ~ Yoga, CR
 1:15 p.m. ~ Dr. Tran's Foot Clinic, CR
 1:30 p.m. ~ Pitch, GR
 1:30 p.m. ~ Diabetic Support Group, KSU CL
 1:30 p.m. ~ Card Making with Michelle, LR
 1:30 p.m. ~ Collins Worship Service, CH
 3:00 p.m. ~ Call Hall Ice Cream, KR
 3:00 p.m. ~ Rock Steady Boxing, KSU CL

**Keep the dream alive:
Hit the snooze button!**

THURSDAY • MAY 25

Breakfast at Verna Belle's—Biscuits & Sausage Gravy
 8:00 a.m. ~ Messenger Ladies, CON
 10:00 a.m. ~ Meadowlark Bible Study, LR
 10:30 a.m. ~ Steady Yourself, CR
 11:15 a.m. ~ Chair Yoga, CR
 1:00 p.m. ~ Blood Pressure Clinic, GR
 2:00 p.m. ~ All-Campus Party, CR
 4:00 p.m. ~ St. Paul's Episcopal Church Service, LR

FRIDAY • MAY 26

Breakfast at Verna Belle's—Waffle or Pancake
 9:30 a.m. ~ Seated Strength, CR
 10:20 a.m. ~ Weights 101, CR
 11:00 a.m. ~ Sit and Be Fit, CR
 12:00 p.m. ~ Parkinson's Partners Luncheon, CR
 1:00 p.m. ~ Hand & Foot Card Games, GR
 1:15 p.m. ~ Parkinson's Exercise Class, CR
 1:15 p.m. ~ Parkinson's Care Partner Support Group, LR
 7:00 p.m. ~ Resident Program: Church Ladies, CR

SATURDAY • MAY 27

Breakfast at Verna Belle's—Omelets with Fruit
 9:00 a.m. ~ Rock Steady Boxing, CSC
 9:30 a.m. ~ Painting for Fun, KSU CL

ROOM ABBREVIATIONS

BP, Billiards Parlor	LB, Library
CH, Collins House	LR, Living Room
CR, Community Room	MFR, Miller Friendship Rm
CON, Conference Room	MR, Manhattan Room
GR, Game Room	PS, Prairie Star Restaurant
GC, Grosh Cinema	TR, Tranquility Room
KR, Kansas Room (Pub)	VE, Village Entrance
KSU CL, KSU Classroom	WL, Wroten Library
PSP, Prairie Star Patio	CSC, Combative Sports Center
HD, Hospitality Desk	



May 21 to May 27

Gold Rush

2 oz. Bourbon

3/4 oz. Lemon Juice

1/2 oz. Honey

\$3.75

*Meadowlark News Channel can be viewed on Channel 1960