

Oink! Let's go HOG wild!

5th annual HOGTOBERFEST to raise money, awareness for Good Samaritan Fund



2017 HOG & Kisses candidates react as Cindy Sloan (center) is announced as the winner.

By Becky Fitzgerald, Development Director
Friends of Meadowlark have a fun and tasty opportunity to support the Meadowlark Foundation's Good Samaritan Fund when the doors to Cox Bros. BBQ open at 11 a.m. on Thursday, Oct. 25. Brothers Bud and Bobby Cox, sons of Meadowlark Hills resident Ellie Cox, pledge to donate 10% of that day's proceeds to the Fund during our 5th annual HOGTOBERFEST.

Food specials on Oct. 25 at Cox Bros. BBQ, 223 McCall Road, include a pulled pork and chicken slider buffet, available for \$9.99 from 11 to 2 p.m., and a hog roast buffet beginning at 5 p.m. for \$12.99. In addition to the meat(s), both buffets will include Cox Bros.' tempting side dishes, such as pineapple coleslaw, smokehouse beans and redskin potato salad.

DJs from Manhattan Broadcasting radio stations B104.7 and Sunny 102.5 will broadcast live from the

restaurant during the lunch and dinner hours.

Back by popular demand will be two nods to traditional Oktoberfest favorites. Live polka music will be provided by accordion player Rusty Schwerdt, Bud Cox's brother-in-law, and a beer tasting and buying station will be operated by Flint Hills Beverage beginning at 5 p.m. Flint Hills Beverage now is a distributor for KC Bier Co., a craft beer brewery in Kansas City offering German-style lagers and ales, and some of those will be on the beer menu for the first time. HOGTOBERFEST would certainly be fun with just barbecue, brews and music, but there's more! In order to create additional opportunities to raise money and awareness for the Good Samaritan Fund, a HOG & Kisses Contest has begun, and 50/50 raffle tickets will be on sale soon. The 50/50 raffle winner takes home half of the money collected by ticket sales, and half of the proceeds support the Good Samaritan

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Asphalt Work

Starting Monday, Sept. 24, weather permitting, the asphalt company will be working to seal part of the asphalt on Meadowlark's campus. They will be working on Meadowlark Circle, Meadowlark Road from the four-way intersection down to Tuttle Creek Blvd. and in the parking lot in the front of Bramlage. Sections will be coned off as they complete the work.

Tea Party, anyone?

Friday, Sept. 21, at 10 a.m.

Pre-K students and teachers from St. Luke's Early Learning Center will be visiting Meadowlark Friday, Sept. 21, to sing songs and enjoy some yummy tea and tasty cookies with Meadowlark residents! All are invited to join the party in the Community Room from 10 to 11 a.m.

Fall Prevention Event

Friday, Sept. 21, at 2:15 p.m.

Join the fitness and physical therapy leaders Friday, Sept. 21, from 2:15 to 3:15 p.m. in the Community Room for a come-and-go fall prevention event. Physical therapy will have their Biodex machines available to do balance assessments. Booths will be set up for discussions on nutrition and bone health, blood pressure checks and information of the Stepping On fall prevention class.

Heather Augustine Performance

Friday, Sept. 21, at 7 p.m.

Come to the Community Room at 7 p.m. Friday, Sept. 21, for a good ol' fashion hymn sing along with Heather Augustine. All are invited for a joyous time!

The Walk to End Alzheimer's

Saturday, Sept. 22, at 7 a.m.

Just a reminder that the Walk to End Alzheimer's is Saturday, Sept. 22! The walk will take place at City Park here in Manhattan. Registration will begin at 8 a.m. The Inspirational Promise Garden Flower Ceremony will begin at 9 a.m. and the walk itself will begin at 9:15 a.m. Transportation from Meadowlark will be leaving at 7 a.m. from the Park Entrance (by Sloan and Honstead House).

If you are not registered for the race, you may sign up online at alzwalkmanhattan.org or the day of the race. For more information, contact Erin Hildreth at ehildreth@meadowlark.org or at 785-323-3800.

KSU Student Project—Fitness Bingo

Saturday, Sept. 22, at 3 p.m.

As part of a class project, KSU student Jasmine Williams and a few of her classmates will be holding a Fitness Bingo Game at 3 p.m. Saturday, Sept. 22, in the Community Room. The event will include bingo game with exercises available for any fitness level. This will be a fun interactive hour. All who are interested are invited to attend.

K-State Watch Party Events

Saturday, Sept. 22, 3:30 p.m. & Sept. 29, 2:30 p.m.

Come to the Game Room for the KSU Watch Parties listed below. GO STATE!

- Sept. 22—kickoff at 3:30 p.m. KSU Wildcats vs. West Virginia Mountaineers & refreshments will be served at 3 p.m.
- Sept. 29—kickoff at 2:30 p.m. KSU Wildcats vs. Texas Longhorns & refreshments will be served at 2 p.m.

Vespers Services

Sunday, Sept. 23, at 7 p.m.

The Vespers service will be led by Rev. Liz Kocher from First Lutheran Church. Vespers service will begin at 7 p.m. on Sunday, Sept. 23, in the Community Room. All are welcome.

Meadowlark Singers

Monday, Sept. 24, at 3:30 p.m.

The Meadowlark Singers group would like to extend an invitation for anyone interested in joining to attend their practice! All Meadowlark residents and Passport members are welcome. The Meadowlark Singers meet every Monday at 3:30 p.m. in the Community Room. No experience needed, just a love for music—come for a season of fun and music!

Card Making with Michelle

Tuesday, Sept. 25, at 1:30 p.m.

You're invited to make cards for all occasions and Halloween with Michelle Lehmer at 1:30 p.m. Tuesday, Sept. 25, in the Flint Hills Room. All who are interested are welcome to attend.

Coffee Corner: Feature Dessert!

Tuesday, Sept. 25, at 3 p.m.

Join us in the Community Room at 3 p.m. Thursday, Sept. 25, for a social hour with coffee and a delicious dessert. Verne Belle's Café featured dessert will be a Chocolate Pecan Pie Bar. All are welcome!

ARTful Memories

Wednesday, Sept. 26, at 10 a.m.

Memory Café and Memory Activities Class (MAC) are joining together with the Marianna Kistler Beach Museum of Art for ARTful Memories Class at 10 a.m. Wednesday, Sept. 26, in the KSU Classroom.

During this monthly session, the museum's Education Assistant, Kim Richards, will conduct a session of ARTful Memories by showing art pieces.

Living with Diabetes Series

Thursday, Sept. 27, at 9:30 a.m.

Meadowlark Medical Professionals is sponsoring a series titled *Living with Diabetes*. There will be an informational session at 9:30 a.m. Thursday, Sept. 27, in the KSU Classroom. This opportunity is open to all residents and Manhattan community members. Please sign up in the Blue Book if you plan to attend.

Change and Loss Series

Thursday, Sept. 27, at 2 p.m.

An informal group will be starting Thursday, Sept. 27, from 2 to 3 p.m. in the South Conference Room. Social Services Leader Bridget Larkin, Chaplain Patty Brown-Barnett, D.Min., Social Worker Kathleen Spearman, and Social Work Intern Tiffany Bohl will collaborate to lead this group. This opportunity is open to all who wish to work through life changes and loss in a supportive environment. The group will gather for twelve weeks on Thursdays.

There will be no required reading materials for this series, and weekly participation is not required. Those who wish to purchase *Understanding Your Grief* by Alan D. Wolfelt, Ph.D., as a resource, will be able to follow group sessions in more detail. We hope to keep our conversations flexible, depending on the desires and needs of those who participate.

Parkinson's Partner Luncheon

Friday, Sept. 28, at 12 p.m.

Join the Parkinson's Partners Luncheon for a relaxing lunch from noon to 1 p.m. Friday, Sept. 28. Lunch will be served in the Community Room. Please sign up in the Blue Book by Monday, Sept. 24. Cost is approximately \$9 per person.

Winter Bird Feeding

Friday, Sept. 28, at 7 p.m.

Meadowlark welcomes Chuck Otte at 7 p.m. Friday, Sept. 28, in the Community Room. Chuck is the Ag & Natural Resources Agent at Geary County Extension Office. He will be giving a presentation on bird feeding during the winter. Severe winter weather is not only hard on people but can be a life and death struggle for birds. Though birds also require water and shelter, food is often the resource most lacking during cold weather. Many different bird food mixes are available because various species often prefer different grains.

Earl Gritton's Birthday Celebration

Sunday, Sept. 30, at 3 p.m.

Join Earl Gritton, a Meadowlark Passport member, and his family in celebrating his 90th birthday! There will be an open house reception Sunday, Sept. 30, from 3 to 5 p.m. The celebration will take place at St. Thomas More Church in the Tower Room.

Visions of Flint Hills Art Show & Benefit

Friday, Oct. 5, depart at 2:30 p.m.

Buttonwood Art Space and Friends of Konza Prairie are partnering for the 10th annual Visions of the Flint Hills Art Show and Benefit. The exhibition opening will be held on First Friday, Oct. 5, at Buttonwood Art Space in Kansas City, Mo. This exhibition features 163 original works of art by 94 different artists throughout the United States, all derived from and inspired by the Flint Hills region of Kansas. The Visions of the Flint Hills Benefit and Sale will run from Oct. 5 through Nov. 16.

If you'd like to attend the reception and view the exhibit, please register in the Blue Book. Meet at the Village Entrance at 2:30 p.m. for the ride to downtown Kansas City. Departure from Buttonwood Art Space is flexible. Transportation is complimentary.

Hale Concert Series

Sunday, Nov. 11, at 3 p.m.

This year's Hale Concert Series will be hosted in other venues due to the fire damage in Hale Library. The first performance of the series will be at 3 p.m. Sunday, Nov. 11, as Dr. Bryan Pinkall and Amanda Arrington will present "Voices on the Western Front." The concert will celebrate the 100th anniversary of the end of World War I. The concert portrays the story of three men's lives during World War I, English composer George Butterworth, Olympic gold medalist Frederick Kelly and French composer Alberic Magnard through video stories and live music.

There will be no charge for this concert, so bring all your friends! It is an Outreach Concert sponsored by the Friends of the K-State Libraries and the Department of Music, Theater, and Dance. It will be in All Faiths Chapel and there will be a free bus for transportation from Meadowlark.

For more information, contact Mary Ellen Titus at (785) 537-7656.

Employee Gift Fund

Gift instructions were sent out by mail Sept. 16, for the annual Meadowlark Hills Employee Gift Fund. Any amount can be given for appreciation and gratitude of employees' hard work throughout the year. A lock box will be at the Hospitality Desk for donations. No one at Meadowlark will know the amount of individual donations, just a grand total. Gifts are for employees due to the no-tipping policy at Meadowlark.

K-State College of Veterinary Medicine

Attention Meadowlark residents and Passport members. If you are a graduate from the College of Veterinary Medicine with Kansas State University, the Department would love to hear from you. The University is looking to interview graduates from the past and share their stories with current and other graduate students of the Veterinary Medicine program. If this interests you, please contact Sharon Green at (785) 532-4229 or Monte Spiller at (785) 323-3801.

On Public Proposal, With Ring

Submitted by Helen Roser

Some of us remember our beloved's proposal. It was private. He didn't have to get on his knee. He didn't have to offer a ring. He couldn't afford one. But the proposal began many happy years.

Now the ultimate proposal is done in public, with the man on his knee, holding out a ring. Usually, a press photographer is nearby. The girl's role is to be hugely surprised and hold out her hand for the ring.

What I don't understand is why, when she is a modern, assertive woman, she doesn't carry a jeweler's eye with which to appraise the diamond before saying yes.

Maybe she has made clear to her beau; "Before you get down on your knee to me, buddy, you better be sure the diamond you offer me is a decent size."

A few words of advice. Women, if you see a public proposal in process, do the girl a favor and yell to her: "Appraise the ring before you say yes!" And to men: Try to keep payments for the ring under ten years.

But many of those cheap, private proposals worked out nicely for many years.

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Fund. Our goal this year is to sell \$6000 worth of tickets, meaning the winner would receive a HOG-size cash prize of \$3000!

Raffle tickets are \$5 each, and may be purchased at the Hospitality Desk, at the Verna Belle's Cafe or from Meadowlark's board members: Residents on the boards include Jean Beatty, Bob Crawford, Sandra Emley, Harriette Janke, Nyle Larson and Duane Miksch.

Five hog kissing candidates will solicit votes in the form of dollars, with the candidate collecting the most money kissing a (young) hog shortly after 6 p.m. on Oct. 25 at Cox Bros. Our little hog was born recently at Parks Farm east of Manhattan, so her snout will be just the right size for smooching in late October.

The Foundation reached out to local and area financial and/or investment firms, and fun-loving, enthusiastic advisors answered our call for kissing candidates. Participating (in alphabetical order) are Melissa Gamino, KS State Bank; Dillon

Mack, Thrivent Financial; Dave Nelson, Edward Jones (Wamego); Matt Paquette, Edward Jones (Manhattan), and Lucy Williams, The Trust Company of Manhattan. Last year, the Cindy Sloan of Rockhill Real Estate and a member of the Foundation board, was our top vote-getter and hog kisser.

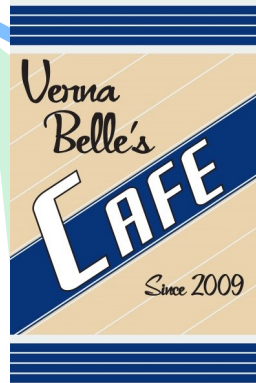
Vote for the candidate of your choice by placing cash or check in his/her hog jar, located in the lobby, or online at www.meadowlark.org. Click the HOG & Kisses Contest link at the top right of the home page.

Residents and employees who purchased HOGTOBERFEST T-shirts are invited to wear them on a special Jeans Day for employees on Tuesday, Oct. 9, Wednesday, Oct. 17, and on the day of the event. Employees who pay at least a \$1 on the 9th, 17th, and 25th may wear jeans, and those dollars will support the kissing candidates.

Monte Spiller, Resident Services Leader, is working to arrange free transportation to Cox Bros. on Oct. 25 for those who would like a ride. Watch future Messengers and the Blue Book for a departure time and registration sheet.

HOGTOBERFEST wouldn't be possible without the help of local businesses. In addition to Cox Bros. BBQ, Meadowlark Foundation would like to acknowledge returning sponsors McCullough Development, Flint Hills Beverage, Manhattan Broadcasting, GoPowercat.com/247 Sports and NZone Sportswear. New sponsors this year are Blueville Nursery, Inc., Briggs Auto, Meritrust Credit Union, and Burnett Automotive.

Please circle Oct. 25 on your calendars and support HOGTOBERFEST in one of the ways described. It's sure to be a day of FOOD, FRIENDS and FUNdraising!



LUNCH & BREAKFAST SPECIALS

Monday to Friday, 7 a.m. to 4 p.m.
Saturday & Sunday, 7 to 11 a.m.
(785) 323-3818

Sunday, Sept. 23

Breakfast: Omelets with Fruit

Monday, Sept. 24

Breakfast: Biscuits & Gravy

Lunch: Mini Buffalo Chicken Sandwich with Side shredded chicken, mild buffalo sauce, cheddar cheese & ranch dressing on a slider bun ~ **\$3.99 / \$5.99**

Tuesday, Sept. 25

Breakfast: Breakfast Sandwich & Fruit

Lunch: Asian BBQ Burger with Choice of Side grilled hamburger patty with Korean BBQ marinade, Asian slaw & sweet chili lime sauce ~ **\$5.99**

Wednesday, Sept. 26

Breakfast: Breakfast Burrito & Fruit

Lunch: Mediterranean Pizza flatbread crust topped with mozzarella cheese, cherry tomatoes & basil ~ **\$3.99 / \$5.99**

Thursday, Sept. 27

Breakfast: Biscuits & Gravy

Lunch: Turkey Cranberry Panini with Choice of Side turkey, swiss cheese & cranberry sauce on butter toasted wheatberry bread ~ **\$3.99 / \$5.99**

Friday, Sept. 28

Breakfast: Waffle or Pancake

Lunch: Smoked Sausage Alfredo Bake & Garlic Bread smoked sausage, Alfredo sauce & pasta bowl topped with shredded parmesan cheese ~ **\$5.99**

Saturday, Sept 29

Breakfast: Omelets with Fruit

PRAIRIE STAR RESTAURANT

Restaurant Hours
Monday to Saturday, 10:30 a.m. to 8 p.m.
Sunday, 10:30 a.m. to 7 p.m.

All specials include beverage, starter and dessert.
 An extra vegetable can be substituted for the starch at no additional charge.
 The restaurant can accept up to four reservation per time, depending on party size.
 Reservations can be made in person or by calling 323-3820.

SUNDAY	Sept. 23 ~ Lunch \$12	Dinner \$12
	Herb Marinated Grilled Chicken Breast Scalloped Potatoes with Cheddar & Green Onion Vegetable du Jour	Baked Ham with Cherry Balsamic Sauce Hashbrown Casserole Vegetable du Jour
MONDAY	Sept. 24 ~ Lunch \$10	Dinner \$14
	Spaghetti & Meat Sauce Garlic Toast Choice of Vegetable	Shrimp & Crab Alfredo Garlic Toast Vegetable du Jour
TUESDAY	Sept. 25 ~ Lunch \$7	Dinner \$13
	Taco Bar <i>(does not include drink, starter, or dessert)</i>	Grilled Pork Chop with Apple Cider Glaze Scalloped Potatoes Vegetable du Jour
WED.	Sept. 26 ~ Lunch \$10	Dinner \$12
	Philly Steak Sandwich Sweet Potato Fries Coleslaw	Roasted Parmesan Chicken with Tomato Mango Salsa Rice Pilaf Vegetable du Jour
THURS.	Sept. 27 ~ Lunch \$8	Dinner \$12
	Pasta Bar <i>(does not include drink, starter, or dessert)</i>	Roast Turkey with Sausage & Sage Dressing Mashed Potatoes & Gravy Vegetable du Jour
FRIDAY	Sept. 28 ~ Lunch \$10	Dinner \$13
	Baked Tilapia with Lemon Butter Roasted Red Potatoes Choice of Vegetable	Swiss Steak Mashed Potatoes & Gravy Vegetable du Jour
SAT.	Sept. 29 ~ Lunch \$10	Dinner \$14
	Chili Dog French Fries Choice of Vegetable	Grilled Salmon with Dill Sauce Baked Potato Vegetable du Jour

**DRINK
SPECIAL**

Bourbon Buck
 2 oz. Bourbon, 5 oz. Ginger Ale
\$3.75

Grosh Cinema Movies

Sunday, Sept. 23, to Saturday, Sept. 29, 2018

Show Times: 1, 4 and 7 p.m., Monday – Saturday / 2 and 6 p.m., Sunday

Sunday, Sept. 23 — Pete's Dragon (2016)

The adventures of an orphaned boy named Pete and his best friend Elliot, who just so happens to be a dragon.

Co-Starring: Bryce Dallas Howard, Robert Pulford & Oakes Fegley

Rated PG; 1 hr. 42 min.

Monday, Sept. 24 — The Cider House Rules (1999)

A compassionate young man, raised in an orphanage and trained to be a doctor there, decides to leave to see the world. Rites of passage experiences shake him to his core.

Co-Starring: Tobey Maguire, Charlize Theron & Michael Caine

Rated PG-13; 2 hrs. 6 min.

Tuesday, Sept. 25 — Phenomenon (1996) **Resident Request*

An ordinary man sees a bright light descend from the sky. In the days and weeks that follow, George finds his IQ and consciousness expanding dramatically, and develops telekinetic abilities.

Co-Starring: John Travola, Kyra Sedgwick & Forest Whitaker

PG; 2 hrs. 3 min.

Wednesday, Sept. 26 — The Shadow Riders (1982)

After the Civil War, two brothers demobilized from the army return home and must rescue certain relatives who have been kidnapped by a band of renegade Confederates.

Co-Starring: Tom Selleck, Sam Elliott & Dominique Dunne

Rated PG; 1 hr. 40 min.

Thursday, Sept. 27 — Royal Wedding (1951)

Tom and Ellen Bowen are a brother and sister dance act whose show closes in New York. Their agent books them in London for the same period as the Royal Wedding.

Co-Starring: Fred Astaire, Jane Powell & Peter Lawford

Rated NR; 1 hr. 33 min.

Friday, Sept. 28 — The Intern (2015)

Seventy-year-old widower Ben Whittaker has discovered that retirement isn't all it's cracked up to be. Seizing an opportunity to get back in the game, he becomes a senior intern at an online fashion site, founded and run by Jules Ostin.

Co-Starring: Robert De Niro, Anne Hathaway & Rene Russo

Rated PG-13; 2 hrs. 1 min.

Saturday, Sept. 29 — Strictly Ballroom (1992)

A maverick dancer risks his career by performing an unusual routine and sets out to succeed with a new partner.

Co-Starring: Paul Mercurio, Tara Morice & Bill Hunter

Rated PG; 1 hr. 34 min.

Weekly Opportunities Calendar Sept. 23 to Sept. 29

Sunday • Sept. 23

Manhattan Room open seating at lunch & dinner

9:30 a.m. ~ Miller Worship Service, MFR
 10:30 a.m. ~ Worship Service, CR
 2:00 p.m. ~ Wroten Worship Service, WL
 7:00 p.m. ~ Vespers with Rev. Liz Kocher, CR

Monday • Sept. 24

Manhattan Room open seating at dinner only

9:30 a.m. ~ Seated Strength, CR
 10:20 a.m. ~ Weights 101, CR
 11:00 a.m. ~ Sit & Be Fit, CR
 12:00 p.m. ~ Yoga, CR
 12:00 p.m. ~ 1st Men's Pres. Luncheon, MR
 1:00 p.m. ~ Blood Pressure & Responder Clinic, GR
 1:00 p.m. ~ Parkinson's Exercise Class, CR
 1:45 p.m. ~ Parkinson's Voice Class, CR
 3:30 p.m. ~ Meadowlark Singers Practice, CR
 7:00 p.m. ~ Community Bingo, CR

Tuesday • Sept. 25

Trash pick-up day

Manhattan Room open seating at dinner only

10:30 a.m. ~ Steady Yourself, CR
 11:15 a.m. ~ Chair Yoga, CR
 12:00 p.m. ~ Seven Dolors Book Discussion, FHR
 1:30 p.m. ~ Card Making with Michelle, FHR
 3:00 p.m. ~ Coffee Corner—FEATURE DESSERT, CR
 4:00 p.m. ~ Newspaper & Bible, FHR
 5:30 p.m. ~ 3rd Floor Supper, CR
 6:30 p.m. ~ Osher Class: Triumph Over Terror, UG
 7:00 p.m. ~ Dominoes, GR

Wednesday • Sept. 26

Manhattan Room open seating at lunch & dinner

9:30 a.m. ~ Seated Strength, CR
 10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
 10:00 a.m. ~ ARTful Memories, KSU CL
 10:20 a.m. ~ Weights 101, CR
 10:30 a.m. ~ Worship Service, Lyle House
 11:00 a.m. ~ Sit & Be Fit, CR
 12:00 p.m. ~ Yoga, CR
 1:00 p.m. ~ Pitch, GR
 1:15 p.m. ~ Dr. Tran's Foot Clinic, CR
 1:30 p.m. ~ Diabetic Support Group, KSU CL
 3:00 p.m. ~ Rock Steady Boxing, KSU CL
 3:00 p.m. ~ Rock Steady Boxing, CSC
 3:00 p.m. ~ Call Hall Ice Cream, KR
 3:00 p.m. ~ Unitarian Universalist Fellowship, MR

4:00 p.m. ~ Christian Video Worship Service, FHR
 5:30 p.m. ~ Gerontology Class, CR
 5:30 p.m. ~ 1st Floor Supper, FHR

Thursday • Sept. 27

Manhattan Room open seating at lunch & dinner

8:30 a.m. ~ Messenger Team, SCR
 9:30 a.m. ~ Living with Diabetes Series, KSU CL
 10:00 a.m. ~ Meadowlark Bible Study, FHR
 10:30 a.m. ~ Steady Yourself, CR
 11:15 a.m. ~ Chair Yoga, CR
 1:00 p.m. ~ Blood Pressure & Responder Clinic, GR
 5:00 p.m. ~ Osher Class: Civil War in the West, CR

Friday • Sept. 28

Manhattan Room open seating at lunch & dinner

9:30 a.m. ~ Seated Strength, CR
 10:20 a.m. ~ Weights 101, CR
 11:00 a.m. ~ Sit & Be Fit, CR
 12:00 p.m. ~ Parkinson's Partner Luncheon, CR
 1:00 p.m. ~ Parkinson's Exercise Class, CR
 1:00 p.m. ~ Parkinson's Care Support Grp, FHR
 1:00 p.m. ~ Hand & Foot Card Games, GR
 3:00 p.m. ~ Rock Steady Boxing, CSC
 7:00 p.m. ~ Winter Bird Feeding, CR

Saturday • Sept. 29

Manhattan Room open seating at lunch & dinner

9:30 a.m. ~ Painting for Fun, SCR
 2:00 p.m. ~ K-State Football Watch Party, GR

Room Abbreviations

BP, Billiards Parlor	CH, Collins House
WCR, West Conference Room	CR, Community Room
CSC, Combative Sports Center	GR, Game Room
FHR, Flint Hills Room	WL, Wroten Library
GC, Grosh Cinema	PSP, Prairie Star Patio
HD, Hospitality Desk	KR, Kansas Room (Pub)
KSU CL, KSU Classroom	LB, Library
MFR, Miller Friendship Rm	MR, Manhattan Room
MS, Miller Spa	PS, Prairie Star Restaurant
SCR, South Conference Room	VE, Village Entrance
UG, Unger Complex	

*Meadowlark News Channel can be viewed on Channel 1960

Exercise Class cancelation

All exercise classes will be canceled for Friday, Sept. 21. Contact Jeff Heidebreder at (785) 341-29 for any questions.