

## Legacy Society Banquet

*C. Clyde Jones receives annual Legacy Award at 16th annual event*



**[above]** C. Clyde Jones poses with Becky Fitzgerald after receiving the 2018 Legacy Award. **[top left]** Board of Directors president Lisa Sisley congratulates Bobby and Bud Cox. **[left]** Frances Holcombe visits during the social hour with Karlyn Stephens of Ocean Springs, Miss. She is a former co-worker of Frances's.

### **submitted by Becky Fitzgerald**

The C. of C. Clyde Jones's name stands for Clifton, but it could very well stand for "Community". A seemingly tireless leader, mentor, consultant, philanthropist, and volunteer, Jones at 95 is a friend and inspiration to many people and many Manhattan area causes and organizations.

A volunteer award given annually by Manhattan Area Chamber of Commerce bears his name, as do a Wildcat football career development program, a charity 5K fun run and walk, and a graduate scholarship in business administration.

"If I have to sit in a rocking chair, I'm ready to go right now," Jones told *The Manhattan Mercury* in December. "I don't want to live without being able to be involved and stay active."

Even a partial list of past and present organizations benefiting from Jones's interest and passionate involvement is a long one. His significant professional

and volunteer contributions have greatly impacted the Manhattan and Meadowlark communities and drew the attention of Meadowlark staff and board members. He received the 2018 Legacy Award on Monday, May 14, at the 16<sup>th</sup> annual Legacy Society Banquet sponsored by Meadowlark Foundation. The award, presented by Lisa Sisley, the Foundation's Board of Directors president, recognizes a public service-minded individual who has made significant volunteer and financial contributions to our community.

Jones and his late wife, Margaret "Midge", moved to Manhattan in 1960 when he was hired as the head of the K-State business department when it was still part of the College of Arts and Sciences. Two years later, he became the first dean of the School of Commerce (now the College of Business Administration). He later became vice president of university development and served as a representative to the Big

### **Music with Steve Lefever**

**Friday, May 25, at 7 p.m.**

Meadowlark Hills welcomes Steve Lefever at 7 p.m. Friday, May 25, in the Community Room! Steve performs a variety of music ranging from big band, patriotic and soft rock, and some country. You will be entertained as he sings songs from greats such as Elvis, The Beatles, Hank Williams, Andy Williams, Dean Martin, Frank Sinatra, Louis Armstrong and Doris Day.

### **Fogo 50th Wedding Anniversary**

**Sunday, May 27, at 3 p.m.**

Glenn and Carol Fogo will be celebrating their 50th Wedding Anniversary with a come-and-go reception from 3 to 5:30 p.m. Sunday, May 27, in the Fellowship Hall of the First United Methodist Church (612 Poyntz Avenue). They would be honored by your presence or value your written memory sent to 2226 Snowbird Drive, Manhattan, KS 66502.

Glenn and Carol were married at the Evangelical United Brethren Church in Alton, Kan. on June 15, 1968. They request no gifts.

### **Vespers Services**

**Sunday, May 27, at 7 p.m.**

The Vespers services will be led by Pastor Diana Chapel from Ogden First United Methodist Church. Vespers service will begin at 7 p.m. Sunday, May 27, in the Community Room. All are welcome.

### **Emily's Feature Dessert**

**Tuesday, May 29, at 3 p.m.**

Emily's Feature Dessert for Coffee Corner Tuesday, May 29, is Sour Cream Coffee Cake. Come enjoy this delicious treat!

### **Change & Loss Series**

**Wednesday, May 30, at 2 p.m.**

The topic for the meeting scheduled for 2 p.m. Wednesday, May 30, is *Reach Out for Help*. All who are interested are invited to join Social Services Leader Bridget Larkin, Chaplain Patty Brown-Barnett, D.Min., and Social Work Intern Ebonie Christian in The Change & Loss Series. Together they hope to provide a supportive environment for finding hope and healing in a safe place.

### **Chair Yoga, canceled**

**Thursday, May 31, at 11:15 a.m.**

Chair Yoga is canceled for Thursday, May 31. Classes will resume at their normal date and time Tuesday, June 5.

### **Meadowlark Travelers**

**Thursday, May 31, at 3:30 p.m.**

If you've registered for the Apostle Island Adventure this July 9-15, please plan to attend a pre-trip meeting at 3:30 p.m. on Thursday, May 31, in the Community Room. Trip co-leaders Becky Fitzgerald and Jeff Heidbreder will distribute packets containing the itinerary, meal selection forms, etc.

The balance of the trip fee is due by June 1. The amount to be paid for those sharing a room is \$1215 per person. If you are traveling without a roommate (single occupancy), your balance is \$1745 per person. Please pay by check or credit card by contacting Becky Fitzgerald at 323-3843, or at the Hospitality Desk. Residents may add the balance to their June statement by contacting Becky or at the Hospitality Desk.

If you cannot attend the meeting on May 31, please see either Becky or Jeff on or near May 31 to receive your packet.

### **Summerfest reminders**

**Friday, June 1, at 5 p.m.**

Join your friends and family at 5 p.m. Friday, June 1, for Summerfest, the annual block party at Meadowlark Hills.

Our Summerfest celebration will take place on the south side of the building along Meadowlark Road and on Prairie Star patio. Meadowlark Road, between the Valley and the main entrance to the building, will be blocked off all day Friday, June 1. If you have guests visiting, please make sure they are not parked in the visitor parking at 7 a.m. on Friday.

The rented items for the party will be delivered and set up during the morning hours. All rental items will be retrieved by the company in Saturday, June 2.

The Pub will not be open the day of Summerfest and Prairie Star Restaurant will close at 2 p.m.

### **Little Apple Chorus, tickets available**

**Sunday, June 3, at 3 & 7 p.m.**

Spring is here and so is the time for the Little Apple Barbershop Chorus to present its Annual

Spring Show. The chorus will present two performances on Sunday, June 3, at 3 and 7 p.m. at Forum Hall in the Kansas State Student Union.

Meadowlark has three tickets available for the show! If you'd like to claim one or more of these *free* tickets to the concert, please visit the Hospitality Desk. Doors will open for the shows 30 minutes prior to the program.

### Letter from Shirley

Dear Meadowlark Family,

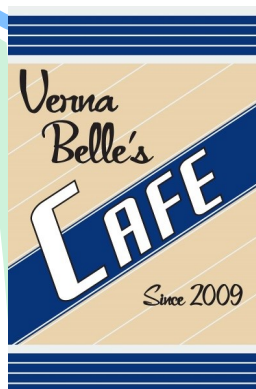
As the month ends I find myself reflecting on my time at Meadowlark Hills. Meadowlark has seen such amazing change and growth and I am thankful to have had the opportunity to serve residents and staff, alike. I count myself lucky to have something that makes saying goodbye so hard!

First, I would like to thank all the residents for allowing me to be a part of their lives by sharing their stories, life events, encouragement and kind words over the last 31½ years. Daily contact with our resident community has truly been the difference between "work" and taking care of "family."

Secondly, I could never have been an effective leader without my team. Their hard work, friendship, loyalty, laughter and tears has made my job easy and more enjoyable. I know, without a doubt, they will continue to serve our new supervisor, Mr. Aric Sapp (welcome to our team!) selflessly because that is just what they do and who they are.

Lastly, my deepest thanks and gratitude to my mentor and fearless leader, Mike Davis. Mike, you have ALWAYS been a steadfast supporter of me and my team. You created an environment where I felt safe enough to make a mistake and brave enough to take a risk. THANK YOU!!!

With love and gratitude,  
Shirley Escamilla,  
Housekeeping & Laundry Manager



## LUNCH & BREAKFAST SPECIALS

Monday to Friday, 7 a.m. to 4 p.m.  
Saturday & Sunday, 7 to 11 a.m.  
(785) 323-3818

### Sunday, May 27

**Breakfast:** Omelets with Fruit

### Monday, May 28

**Breakfast:** Biscuits & Gravy

**Lunch:** Grilled Cheese Sandwich & Tomato Soup  
*American & cheddar cheese grilled on wheat or white bread ~ \$3.99 / \$5.99*

### Tuesday, May 29

**Breakfast:** Breakfast Sandwich & Fruit

**Lunch:** BBQ Chicken Sandwich & Choice of Side  
*pulled chicken in BBQ sauce on wheatberry bread ~ \$3.99 / \$5.99*

### Wednesday, May 30

**Breakfast:** Breakfast Burrito & Fruit

**Lunch:** Patty Melt with Choice of Side  
*grilled hamburger, swiss cheese, sautéed onions & thousand island dressing on toasted on rye bread~ \$3.99 / \$5.99*

### Thursday, May 31

**Breakfast:** Biscuits & Gravy

**Lunch:** Grilled Chicken Sandwich & Frito Chip Salad  
*grilled chicken, lettuce, tomato & mayo on a hamburger bun ~\$3.99 / \$5.99*

### Friday, June 1

**Breakfast:** Waffle or Pancake

**Lunch:** BLT with Choice of Side  
*bacon, lettuce & tomato on your choice of toasted white or wheat bread ~ \$5.99*

### Saturday, June 2

**Breakfast:** Omelets with Fruit

*Legacy, from page 1*

Eight Conference and NCAA, and as an adjunct faculty member for the Center for Aging.

Jones has volunteered for Shepherd's Crossing since it was founded in 2001, working as a counselor before becoming development coordinator. Other Manhattan not-for-profits benefiting from his time and talent include First United Methodist Church, Konza United Way, Manhattan Area Chamber of Commerce and Manhattan Rotary Club.

A Legacy Society member, Jones first became acquainted with Meadowlark when his mother in 1980 was one of the first residents to move to a skilled nursing room. Gifts in memory of his mother, Clyde's sister, and Midge's mother preceded larger contributions to two of Meadowlark's capital campaigns. In 2016, Clyde responded to the Honor a Legacy initiative with a major gift in memory of Midge to help pave the trails at Bayer Pond Nature Area.

The Legacy Society includes individuals who have named Meadowlark Foundation as a recipient of charitable support through estate planning. In addition the Society welcomes donors who have given one-time or cumulative gifts which total \$25,000 or more.

Other honorees at the May 14 event included Bud and Bobby Cox, who received the Good Samaritan Award; resident Sandra Emley, winner of the Johanna Lyle Excellence in Service Award; and resident Frances Holcombe, winner of the Margaret Wheat Spirit of Meadowlark Hills Award.

Co-owners of Cox Bros. BBQ in Manhattan, Bud and Bobby Cox offered to host a fundraising event at the smokehouse in 2014 to benefit the Good Samaritan Fund. This event, called HOGtoberfest, has become a successful tradition. Cox Bros. BBQ donates 10 percent of that day's proceeds each year to the fund.

Bud Cox personally raised money for the fund in 2014 and 2015 as a HOG & Kisses Contest participant.

Since 2011, Cox Bros. also has supported the Meadowlark Parkinson's Program with Pig Out for Parkinson's, with 10 percent of the Pig Out proceeds going to the Program. At the Speedy Pd Race for Parkinson's Disease, Cox Bros. BBQ is an in-kind sponsor, serving complimentary barbecue

to race attendees.

Sandra Emley and her husband, Don, moved from Manhattan to a 3rd-floor Meadowlark Hills apartment in 2006. In Manhattan, Sandra served on the KSU Foundation board and was a charter member of the Friends of McCain Auditorium board and First United Methodist Church's foundation board. She has taken 100 hours of training to serve as a Stephen Minister and Leader, and she belonged to Manhattan Rotary Club.

At Meadowlark, her volunteer efforts have included the Board of Trustees, and she's currently a Board of Directors member, serving on the investment committee.

The spirit award honors a resident who embodies the spirit and person-directed culture of Meadowlark Hills. Frances Holcombe moved to Meadowlark Hills in 2014 from Texarkana, Texas, and jumped heart, hands, and feet into the community. Now 93, she is quick to volunteer, and she encourages changes for the better. She serves on the Art Committee and is a resident ambassador. She assists with the annual auction, tidies the Lyle House patio, and greets new residents and Passport members at our Welcome Breakfasts.

About 105 residents, staff, current and former board members and Legacy Society members joined the winners at this year's event, which was held at the Bluemont Hotel. Prior to the awards presentation, a video titled "Meadowlark: Evolution of Community" was shown for the first time. A few staff members got together several months ago with the desire to tell current stories of change, believing that adaptation is a key part of successfully navigating our future.

We reached out to 502 Media in Manhattan to help us – staff, residents and volunteers -- communicate the various ways Meadowlark continues to evolve. The video will be shown at the June Town Meeting, set for 9:30 a.m. Monday, June 4.

Legacy Society members invest in Meadowlark Hills and ensure the future of Meadowlark's programs and services. New members are always welcome! If you'd like to know more about Society membership, please contact Becky Fitzgerald, Development Director, at 323-3843.

# Memorial Day

 Evening Buffet Menu 

Cold

*Pasta Salad  
Sliced Watermelon  
Potato Salad*

Hot

*BBQ Chicken  
Beef & Sausage Penne  
Fresh Corn on the Cobb  
Baked Beans  
Garlic Toast*

Dessert

*Brownies  
Cookies*

Prairie Star Restaurant will offer a buffet-style meal starting at 5 p.m. for Memorial Day, May 28. The cost of the meal will be \$10 per person. Please sign up in the Blue Book if you plan to attend. No table reservations will be accepted for the Memorial Day Buffet—tables will be first-come, first-serve. The patio is also available for seating during the meal.

## Memorial Day Program

**11 a.m.**  
**Monday, May 28**  
**Community Room**  
**Meadowlark Hills**

Part of the remembrance service will include a slideshow composed of veterans and loved ones we have lost.

*Please contact Monte Spiller,  
Resident Services Leader, with questions.*

## Remembering America's Fallen Heroes on Memorial Day

*submitted by Polly Ferrell*

*Words from United States Senator Orrin G. Hatch on May 25, 2012:*

Of all the solemn and sacred sites in our nation's capital, perhaps none give more pause for gratitude and reflection than the Tomb of the Unknown Soldier at Arlington National Cemetery and the inscription on its western panel: "Here rests in honored glory an American soldier known but to God."

Since the soldiers represented at the memorial are not identified, they have come to symbolize all our brave service members who have made the ultimate sacrifice to keep us safe and protect our freedoms. They signify that America's fallen heroes may be gone, but they will never be forgotten.

To honor all of these fallen, I was privileged to collaborate with two other musicians, Lowell Alexander and Phil Naish, to pen the following words.

### Blades of Grass and Pure White Stones

Blades of grass and pure white stones  
Shelter those who've come and gone.  
Just below the emerald sod  
Are those who reached the Arms of God.

Buried here with dignity  
Endless rows for all to see,  
Freedom's seeds in sorrow sown,  
'Neath blades of grass and pure white stones.

Blades of grass and pure white stones  
Cover those who left their homes  
To rest in fields here, side by side,  
Lest we forget their sacrifice.

Buried here with dignity  
Endless rows for all to see,  
Freedom's seeds in sorrow sown,  
'Neath blades of grass and pure white stones.

# PRAIRIE★STAR RESTAURANT

**Restaurant Hours**  
**Monday to Saturday, 10:30 a.m. to 8 p.m.**  
**Sunday, 10:30 a.m. to 7 p.m.**

All specials include beverage, starter and dessert.  
 An extra vegetable can be substituted for the starch at no additional charge.  
 The restaurant can accept up to four reservation per time, depending on party size.  
 Reservations can be made in person or by calling 323-3820.

<b>SUNDAY</b>	May 27 ~ Lunch \$12	Dinner \$12
	Grilled Raspberry Chicken Breast Wild Rice Vegetable du Jour	Beef Lasagna Garlic Toast Vegetable du Jour
<b>MONDAY</b>	May 28 ~ Lunch \$10	Dinner \$
	Steamed Brats French Fries Choice of Vegetable	Memorial Day Buffet <i>See full menu on page 5.</i>
<b>TUESDAY</b>	May 29 ~ Lunch \$8	Dinner \$13
	Fajita Bar <i>(does not include drink, starter, or dessert)</i>	Fried Catfish <i>with Tartar Sauce</i> Hashbrown Casserole Vegetable du Jour
<b>WED.</b>	May 30 ~ Lunch \$10	Dinner \$13
	Philly Steak Sandwich Pasta Salad Choice of Vegetable	Chicken Roulades <i>with Spinach &amp; Havarti Cheese &amp; Sun-dried Tomato Sauce</i> Wild Rice & Vegetable du Jour
<b>THURS.</b>	May 31 ~ Lunch \$8	Dinner \$12
	Baked Potato & Sweet Potato Bar <i>(does not include drink, starter, or dessert)</i>	Roast Rosemary Pork Loin <i>with Natural Sauce</i> Sharp Cheddar Scalloped Potatoes Vegetable du Jour
<b>FRIDAY</b>	June 1 ~ Lunch \$10	Dinner \$14
	Braised Chicken Legs <i>ala Orange</i> Rice Pilaf Choice of Vegetable	Sautéed Orange Roughy <i>with Lemon Thyme Butter Sauce</i> Roasted Red Potatoes Vegetable du Jour
<b>SAT.</b>	June 2 ~ Lunch \$10	Dinner \$15
	Beef Tips Fettucine Choice of Vegetable	Steak Baked Potato Vegetable du Jour

**DRINK SPECIAL** | Cuba Libre  
 2 oz. Meyer's Dark Rum, 4 oz. Cola & a Lime  
 \$3.75

## Grosh Cinema Movies

Sunday, May 27, to Saturday, June 2, 2018

Show Times: 1, 4 and 7 p.m., Monday – Saturday / 2 and 6 p.m., Sunday

### **Sunday, May 27 — Meet the Robinsons (2007)**

■ Lewis is a brilliant inventor who meets mysterious stranger named Wilbur Robinson, whisking Lewis away in a time machine and together they team up to track down Bowler Hat Guy in a showdown that ends with an unexpected twist of fate.

■ Co-Starring: Daniel Hansen, Wesley Singerman & Angela Bassett

■ Rated G; 1 hr. 35 min.

### **Monday, May 28 — Captain America: Civil War (2016)**

■ With many people fearing the actions of super heroes, the government decides to push for the Hero Registration Act, a law that limits a hero's actions. This results in a division in The Avengers.

■ Co-Starring: Chris Evans, Robert Downey Jr. & Scarlett Johansson

■ Rated PG-13; 2 hrs. 27min.

### **Tuesday, May 29 — Made in America (1993)**

■ A young black woman discovers that her father was a sperm donor, and if that weren't bad enough, he's not quite what she thought.

■ Co-Starring: Whoopi Goldberg, Ted Danson & Will Smith

■ Rated PG-13; 1 hr. 51 min.

### **Wednesday, May 30 — Maleficent (2014) \*Resident Request**

■ A vengeful fairy is driven to curse an infant princess, only to discover that the child may be the one person who can restore peace to their troubled land.

■ Co-Starring: Angelina Jolie, Elle Fanning & Sharlto Copley

■ Rated PG; 1 hr. 37 min.

### **Thursday, May 31 — Experimenter (2015)**

■ In 1961, famed social psychologist Stanley Milgram conducted a series of radical behavior experiments that tested ordinary humans' willingness to obey authority.

■ Co-Starring: John Palladino, Anthony Edwards & Jim Gaffigan

■ Rated PG-13; 1 hr. 38 min.

### **Friday, June 1 — Begin Again (2013)**

■ A chance encounter between a disgraced music-business executive and a young singer-songwriter, new to Manhattan, turns into a promising collaboration between the two talents.

■ Co-Starring: Keira Knightley, Mark Ruffalo & Adam Levine

■ Rated R for language; 1 hr. 44 min.

### **Saturday, June 2 — Lady Bird (2017) \*Resident Request**

■ A mother works tirelessly to keep her family afloat after her husband loses his job. She also maintains a turbulent bond with a teenage daughter going through her senior year in high school and coming of age.

■ Co-Starring: Saoirse Ronan, Laurie Metcalf & Tracy Letts

■ Rated R for language and sexual content; 1 hr. 34 min.

# Weekly Opportunities Calendar *May 27 to June 2*

## Sunday • May 27

9:30 a.m. ~ Miller Worship Service, MFR  
 10:30 a.m. ~ Worship Service, CR  
 2:00 p.m. ~ Wroten Worship Service, WL  
 7:00 p.m. ~ Vespers with Pastor Diana Chapel, CR

## Monday • May 28

11:00 a.m. ~ Memorial Day Program, CR  
 7:00 p.m. ~ Community Bingo, CR

## Tuesday • May 29

*Trash pick-up day*

10:30 a.m. ~ Steady Yourself, CR  
 11:15 a.m. ~ Chair Yoga, CR  
 12:00 p.m. ~ Seven Dolors Book Discussion, FHR  
 3:00 p.m. ~ Coffee Corner, CR—FEATURE DESSERT!  
 4:00 p.m. ~ Newspaper & Bible, FHR  
 7:00 p.m. ~ Dominoes, GR

## Wednesday • May 30

9:30 a.m. ~ Seated Strength, CR  
 10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE  
 10:00 a.m. ~ Worship Service, FHR  
 10:00 a.m. ~ Memory Activities Class, KSU CR  
 10:00 a.m. ~ Memory Café, WCR  
 10:20 a.m. ~ Weights 101, CR  
 11:00 a.m. ~ Sit & Be Fit, CR  
 12:00 p.m. ~ Yoga, CR  
 1:00 p.m. ~ Pitch, GR  
 2:00 p.m. ~ Change & Loss Series, SCR  
 3:00 p.m. ~ Rock Steady Boxing, CR  
 3:00 p.m. ~ Rock Steady Boxing, CSC  
 3:00 p.m. ~ Call Hall Ice Cream, KR  
 4:00 p.m. ~ Lutheran Video Worship Service, FHR

## Thursday • May 31

8:30 a.m. ~ Messenger Team, WCR  
 10:00 a.m. ~ Meadowlark Bible Study, FHR  
 10:30 a.m. ~ Steady Yourself, CR  
 1:00 p.m. ~ Blood Pressure & Responder Clinic, GR  
 3:30 p.m. ~ Meadowlark Travelers Meeting, CR

## Friday • June 1

9:30 a.m. ~ Seated Strength, CR  
 10:20 a.m. ~ Weights 101, CR  
 11:00 a.m. ~ Sit & Be Fit, CR  
 1:00 p.m. ~ Hand & Foot Card Games, GR  
 1:00 p.m. ~ Parkinson's Exercise Class, CR  
 3:30 p.m. ~ Catholic Mass, CR  
 5:00 p.m. ~ Summerfest, Prairie Star Patio

## Saturday • June 2

9:30 a.m. ~ Painting for Fun, KSU CL

### Room Abbreviations

BP, Billiards Parlor	CH, Collins House
WCR, West Conference Room	CR, Community Room
CSC, Combative Sports Center	GR, Game Room
FHR, Flint Hills Room	WL, Wroten Library
GC, Grosh Cinema	PSP, Prairie Star Patio
HD, Hospitality Desk	KR, Kansas Room (Pub)
KSU CL, KSU Classroom	LB, Library
MFR, Miller Friendship Rm	MR, Manhattan Room
MS, Miller Spa	PS, Prairie Star Restaurant
SCR, South Conference Room	VE, Village Entrance

\*Meadowlark News Channel can be viewed on Channel 1960