

Apostle Islands Adventure

It's time to register for a summer Travelers vacation!

by Becky Fitzgerald

The location and dates of the next Meadowlark Travelers trip have been set! The group will venture north on a seven-day, six-night adventure to the Apostle Islands of Lake Superior. Tour dates are Monday, July 9, through Sunday, July 15. The average high for this part of the country in July is 81 degrees!

Our hotel in Duluth (two nights) offers fantastic views of Lake Superior as does our hotel in Ashland, Wis. (two nights). The trip will be hosted, once again, by Becky Fitzgerald, Development Director. Jeff Heidbreder, Fitness Services Leader, also plans to serve as a trip co-host. Perhaps he'll lead us in stretching exercises during our restroom stops!

This seven-day/six-night adventure includes the following:

- 6 night's accommodation in Wisconsin & Minnesota, luggage handling, taxes
- 6 breakfasts, 5 lunches, 5 dinners, all inclusive
- Admissions to Greater Des Moines Botanical Gardens; choice of either an aquarium in Duluth OR Glensheen Mansion tour; Gooseberry Falls State Park; Split Rock Lighthouse, Apostle Island boat cruise; Madeline Island ferry, lunch, tour and free time; National Freshwater Fishing Hall of Fame, and winery stop with tastings
- Step on guides in Duluth, Minn., Bayfield, Wis., and Madeline Island plus gratuity

Cost for double occupancy is \$1600 per person (just \$228 per day!) with a minimum of 25 paid travelers. The single occupancy price is \$2260 with a minimum of 25. The cost per person will decrease with 30 or more paid travelers.

A deposit of \$320 for double occupancy travelers or \$450 for single travelers is due with your registration. Please find registration forms and a sign-up sheet in the Blue Book, or call Becky Fitzgerald at (785) 323-3843. Registration deadline is Friday, May 4. The balance of your trip fee is due by June 1.

Questions? Please contact Becky, Jeff at (785) 341-2995, or Monte Spiller at (785) 323-3801.



[above] Travelers will enjoy lunch, a guided tour and free time on Madeline Island, the largest of Lake Superior's Apostle Islands.

Cancellations

Exercise classes have been canceled for Thursday, March 1, due to a special event.

The 1 p.m. movie at Grosh Cinema has been canceled for Saturday, March 3, due to a special event. The movie will run at the regularly scheduled times of 4 and 7 p.m.

On Bended Knees

Friday, Feb. 23, at 7 p.m.

Join Meadowlark residents, Duane and Pat Miksch, at 7 p.m. Friday, Feb. 23, in the Community Room as they present *On Bended Knees: The Night Rider Story*, a video production from KET (Kentucky PBS). The video is hosted by Bill Cunningham, author of the book in which the video is named after. Cunningham is now a Kentucky Supreme Court Judge.

The story is of the Night Riders and the Black Patch Tobacco War (1904 to 1909). The war was the longest and most violent uprising in the United States between the Civil War and the race riots of the 1960s. Background on the area, the host, video producer and contributing historian will be presented by Duane and Pat. All who are interested are invited to attend.

K-State Men's Basketball Games

Sat., Feb. 24; Tues., Feb. 27; & Sat., March 3

Watch the KSU Men's basketball games in the Game Room on the following dates and times. Watch parties with refreshments will be held for weekend games only.

~ Saturday, Feb. 24, at 5 p.m. vs. Oklahoma on ESPNU (channel 244 @ home / channel 2244 in Game Room) - **watch party with refreshments**

~ Tuesday, Feb. 27, at 8 p.m. vs. TCU on ESPNU (channel 244 @ home / channel 2244 in Game Room)

~ Saturday, March 3, at 1 p.m. vs. Baylor on ESPN2 (channel 33 @ home) - **watch party with refreshments**

Vespers Services

Sunday, Feb. 25, at 7 p.m.

The Vespers services will be led by Rev. Glenn Fogo from First United Methodist Church. Vespers service will begin at 7 p.m. Sunday, Feb. 25, in the Community Room. All are welcome.

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Artful Memories

Wednesday, Feb. 28, at 10 a.m.

Memory Café and Memory Activities Class (MAC) are joining together with the Marianna Kistler Beach Museum of Art for Artful Memories Class from 10 to 11 a.m. Wednesday, Feb. 28, in the KSU Classroom.

During this monthly session, the museum's Education Assistant, Kim Richards, will conduct a session of Artful Memories by showing the group three pieces of art.

Family Caregiver Alliance Webinar

Wednesday, Feb. 28, at 1 p.m.

Caregiving can be a roller coaster. Some days you're enjoying the ride and some days you're holding on for dear life. It can be unpredictable and downright difficult! You're invited to join a webinar viewing titled *Five Tips for Improving a Difficult Caregiving Day*. The session will provide you with ideas to help our day be a little less stressful. There will be an extended time for questions and answers about dementia caregiving. The webinar will be hosted in the West Conference Room from 1 to 2 p.m. Wednesday, Feb. 28.

Diabetic Support Group

Wednesday, Feb. 28, at 1:30 p.m.

The Diabetic Support Group will meet at 1:30 p.m. Wednesday, Feb. 28, in the KSU Classroom. Please contact Lisa Schwarz at (785) 323-3830 with questions.

A Sense of the Past

Thursday, March 1, at 10:30 a.m.

Do you enjoy painting or drawing? Well if so, this is a class for you! Join Rachel Severt at 10:30 a.m. Thursday, March 1, in the South Conference Room (formerly the Tranquility Room) for a student-led activity as she works at helping participants relive memories through the use of the five senses. The activity will consist of a specific theme and the use of a different sense each session to help guide participants on a journey to discover a favorite memory from the past. Each week, participants will create a piece of artwork showcasing a small aspect from this wonderful memory through the use of a variety of supplies including pencil, chalk, watercolors and even coffee or wine.

Come out for a great hour of fun each week as we sense some great memories! No prior registration is required. Please feel free to contact Rachel Severt for further information at (254) 285-1363.

Parkinson's Education Group

Thursday, March 1, at 2 p.m.

Individuals affected by Parkinson's disease are invited and encouraged to attend the March Monthly Education Meeting from 2 to 3:30 p.m. Thursday, March 1, in the Community Room at Meadowlark Hills. The group will have round table discussions focusing on strategies, techniques and tips for living well with Pd. Managing symptoms and changes throughout the various stages of the disease will also be highlighted. Reservations are not required.

Concert at All Faiths Chapel

Thursday, March 1, at 7:30 p.m.

At 7:30 p.m. Thursday, March 1, Slawomir Dobrzanski, piano and Ben Sayevich, violin will be playing a concert at All Faiths Chapel on the KSU campus. This is a FREE concert. A FREE bus will go from Meadowlark to All Faiths. Sign up in the Blue Book if you want to attend.

Ben Sayevich is from the International School of Music at Park College, Parkville, Missouri. He played a concert with Dr. Dobrzanski, from KSU, last spring at Hale Library. The concert on March 1st is one not to be missed!

Community Sing-along

Friday, March 2, at 7 p.m.

You're invited to join Jane Boys and Pat Miksch for a Springtime Community Sing-along at 7 p.m. Friday, March 2, in the Community Room. Jane and Pat will lead the crowd with several tunes to get you into the spring mood. They will also include several Irish tunes to celebrate St. Patrick's Day, which is right around the corner! All who are interested are invited to attend.

Nancy B. Piano School Recital

Saturday, March 3, at 6 p.m.

On Saturday, March 3, at 6 p.m. in the Community Room, Meadowlark welcomes Nancy Blockcolsky and her music students. Mrs. Blockcolsky teaches piano classes and Music Appreciation at

Manhattan Christian College, a position she has held since the fall of 2012. She maintains a private studio of up to 20 students in piano and violin, some who will be performing for family, friends and residents of Meadowlark. All who are interested are invited to attend.

Meadowlark Ladies Luncheon

Thursday, March 8, at 12 p.m.

All Meadowlark ladies are invited to the 12-noon luncheon Thursday, March 8, in the Manhattan Room. Enell Foerster and Judy Cattell are hosting a short presentation, *Moods of Machu Pichu: Inca farming, art, architecture and weaving.*

Please sign up in the Blue Book at the Hospitality Desk by Friday, March 2.

MHK Public Library Events

Chess Club

Every Monday / 6 to 8:30 p.m.

First floor of Library

The K-State Chess Club hosts this weekly event for chess players of all ages and skill levels. Meet friends, practice your skills and enjoy a fun evening together.

Yack & Yarn

Every Tuesday / 6 to 8 p.m.

Groesbeck Meeting Room

Bring your knitting, crocheting, or other crafting project to the library to relax and visit with other crafters. Some supplies will be on hand, but you should bring something of your own to work on.

Annual Book Sale

February 23, 24 & 25

The first night of the sale is open to all members of the Manhattan Library Association. Support the library and get first choice of the books by purchasing a membership at the door starting at just \$10.

You will find thousands of books for sale at bargain prices! The library's annual book sale raises money to support library programs and purchases. Hardcover books-\$1.50, softcover books (trade paperbacks)-\$1, children's hardcover books-\$1, mass market paperbacks \$0.50, DVDs-\$2, audiobooks on CD-\$4, CDs-\$1.

More information at www.mhklibrary.org.

March Birthdays

Healthcare

3/1 Chester Dinger
 3/7 Mary Newsome
 3/10 Doris Givens
 3/10 Helen Snell
 3/11 Ruth Browne
 3/11 Harold Anderson
 3/16 Irma Keffer
 3/17 Sally Landsdowne
3/18 Barbara Harlan
 3/21 Diane Erbe

Assisted Living

3/7 Phyllis Deckert
 3/19 Sherry Andres
 3/21 Bernice Munson
 3/23 Marion Boydston

Independent Living

3/1 Pauline Norby
 3/1 Jean Beatty
 3/1 Vera Williams
 3/4 Verlyn Richards
 3/9 Pat Hartman
 3/10 Helen Janes
 3/10 Darlene Reeves
 3/12 Charles Deyoe
 3/12 Sherry Reed
 3/14 Penny Socolofsky
 3/17 Mildred Lindholm
3/19 Steve Owens
 3/20 Betty Braaten
3/22 Sue Bayer
 3/23 Sandy Emley
 3/24 Don Fallon
 3/25 Ruth Friedmann
 3/28 Jan Vanderbilt
 3/29 Dorothy Frazee

Employees

3/1 Kendal Sell
 3/2 Jeanette Wagner
 3/3 Will Gold
 3/4 Ashley Asher
 3/4 Lelihna Sehna
 3/5 Marisa Dillard
 3/7 Brianna Fronce
 3/7 Kashaya Zukowske
 3/8 Hope Cole
 3/9 Sara Snell
 3/10 Kristen Martin
 3/10 Joy Underwood
 3/11 Renay Andersen
 3/11 Anastasia Brown
 3/12 Shirley Escamilla
 3/13 Lamario Hicks
 3/15 Maggi Birchmeier
 3/16 Kathy Ross
 3/19 Mariah Childs
 3/19 Sharon McBride
 3/19 Lynn Roberts
 3/22 Randy Guan
 3/27 Maureen Schick
 3/28 Kikelomo Adenekan
 3/28 Jon Bechtel
 3/28 Keana Davis
 3/31 Emily Foye



Bold denotes milestone birthday of 80, 90, 100 or 100+

On “Older” is Not an Age, But a State of Mind

Submitted by Helen Roser

Years ago, in not wishing to call aged persons “old,” it became the habit of calling them (us) “senior citizens.” But now some experts have decided that the label “senior citizen” is offensive. First time I’ve heard that.

However, like it or not, all persons beyond the age of 65 must now be referred to as “older adults.” Ugh.

What many of us have learned is that being “old” is not a matter of age but of attitude. We all know some 35-year-olds who are as flexible as concrete.

I don’t care what the experts say. Just please don’t call me an “older person.” Hey! I am only 95!



You’re invited to attend the inaugural event, **Art Mingle: Manhattan Memories**, to benefit the Meadowlark Memory Program. Guests at a Friday evening reception, March 9, are invited to mingle with friends among the colorful galleries in the Community Center. Food for thought, lively libations, treasured tunes and art appreciation are part of the night’s plan.

Friday’s Art Mingle will include silent and live auctions, featuring art-related items and experiences, as well as party favors for all attendees also will be part of the fun.

A VIP (very important paintings) Tour begins at 6 p.m., with a general Mingle following at 7 p.m. Mingle tickets are \$50 per person. A limited number of VIP tickets are available at \$75 per person and includes select food and beverages, a docent-led tour, reserved parking and a souvenir drinking glass. For more information or to make reservations, call 785-537-4610. Tickets may also be purchased online at www.meadowlark.org.

The fundraiser has generated generous

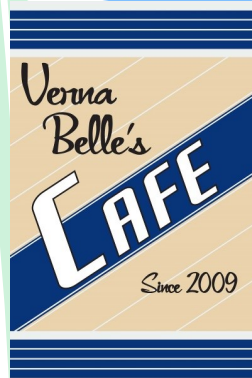
support from the local business community in the form of sponsorships. Community First National Bank is the presenting sponsor, with the (Jack and Joann) Goldstein Fund, a supporting organization of Greater Manhattan Community Foundation, and Kellstrom Pharmacy also supporting the March 9 event.

Art Mingle: Manhattan Memories is one of three events during a memorable March weekend. On Saturday, March 10, allow your eyes and feet to wander at Art Mingle: Fine Art Fair. Local and area painters, potters, sculptors, etc., are expected to exhibit and sell their work to the public from 10 a.m. to 4 p.m. at Meadowlark Hills Community Center. There is no charge to attend the Fair, but breakfast and lunch are available for purchase at Meadowlark's restaurant and café. Plan to spend a few hours and cure your cabin fever!

A third opportunity for art appreciation is to occur on Sunday, March 11, when Kansas State University theater students present a staged reading of a play, *Numb & Number*, written by Deborah Murray, an instructor in the university's English department. The play reading is planned for 4 p.m. at Manhattan Art Center.

"*Numb and Number* is based on my family's experience facing our mother's Alzheimer's diagnosis--not so much about Alzheimer's as about the emotional upheaval a family faces when someone they love gets this diagnosis," Murray writes.

Admission is by donation, with proceeds benefiting Meadowlark Memory Program. Murray's mother lived at Meadowlark Hills from 2008 until her death in 2015. Complimentary transportation for residents is available to the performance. Please register in the Blue Book.



LUNCH SPECIALS

Monday to Friday, 7 a.m. to 4 p.m.
Saturday & Sunday, 7 to 11 a.m.

Monday, Feb. 26

Fried Bologna Slider with Choice of Side
fried bologna, provolone cheese, pickle & Dijon mustard aioli on a slider bun
\$3.99 / \$5.99

Tuesday, Feb. 27

Chicken Bacon Ranch Wrap with Choice of Side
shredded chicken, bacon & ranch dressing wrapped in a flavored tortilla with lettuce & tomato
\$3.99 / \$5.99

Wednesday, Feb. 28

Pulled Pork Sandwich with Cheesy Potatoes
shredded pork & BBQ sauce on a toasted hamburger bun with cheesy potatoes
\$5.99

Thursday, March 1

Ham Salad Sandwich with Choice of Side
diced ham, celery, red onion, hard boiled eggs, relish & mayo on wheatberry bread
\$3.99 / \$5.99

Friday, March 2

Blackberry & Bacon Grilled Cheese with Apple Cranberry Slaw
blackberry jam, bacon & swiss cheese on toasted white or wheat bread with optional fresh jalapenos
\$3.99 / \$5.99

PRAIRIE STAR RESTAURANT

Restaurant Hours
Monday to Saturday, 10:30 a.m. to 8 p.m.
Sunday, 10:30 a.m. to 7 p.m.

All specials include beverage, starter and dessert.
 An extra vegetable can be substituted for the starch at no additional charge.
 The restaurant can accept up to four reservation per time, depending on party size.
 Reservations can be made in person or by calling 323-3820.

SUNDAY	Feb. 25 ~ Lunch \$12	Dinner \$12
	Grilled Chicken Raspberry Wild Rice Vegetable du Jour	Spaghetti & Meat Sauce Garlic Toast Vegetable du Jour
MONDAY	Feb. 26 ~ Lunch \$10	Dinner \$13
	Turkey Reuben Sweet Potato Fries Choice of Vegetable	Braised Short Ribs Roasted Red Potatoes Vegetable du Jour
TUESDAY	Feb. 27 ~ Lunch \$7	Dinner \$14
	Taco Bar <i>(does not include drink, starter, or dessert)</i>	Trout Almandine Twice Baked Potato Vegetable du Jour
WED.	Feb. 28 ~ Lunch \$10	Dinner \$12
	BBQ Chicken Drumsticks Coleslaw French Fries	Braised Chicken in Balsamic Sauce Hash Brown Casserole Vegetable du Jour
THURS.	March 1 ~ Lunch \$8	Dinner \$12
	Baked Potato & Sweet Potato Bar <i>(does not include drink, starter, or dessert)</i>	Meatloaf Mashed Potatoes with Gravy Vegetable du Jour
FRIDAY	March 2 ~ Lunch \$10	Dinner \$14
	Beef Stroganoff over Noodles Choice of Vegetable	Cajun Shrimp Fettucine Garlic Toast Vegetable du Jour
SAT.	March 3 ~ Lunch \$10	Dinner \$15
	Sweet & Sour Pork Rice Choice of Vegetable	Steak Baked Potato Vegetable du Jour

**DRINK
SPECIAL**

Bloody Mary
 2 oz. Vodka & 4 oz. Bloody Mary Mix
 \$3.75

Grosh Cinema Movies

Sunday, February 25, to March 3, 2018

Show Times: 1, 4 and 7 p.m., Monday – Saturday / 2 and 6 p.m., Sunday

Sunday, Feb. 25—Heidi (2015)

Orphaned at age 5, curly-haired Heidi is sent to live with her gruff recluse of a grandfather in the Swiss Alps and soon thaws his frozen heart.

Co-Starring: Anuk Steffen, Bruno Ganz, Quirin Agrippi & Isabelle Ottmann

Rated TV-G; 1 hr. 51 min.

Monday, Feb. 26—Mr. Church (2016)

Hired to lend a hand to a single mother diagnosed with cancer, Henry Joseph Church wins the hearts of mom Marie Brody and daughter Charlie through his cooking, establishing a bond that lasts long beyond Marie's death and Charlie's childhood.

Co-Starring: Eddie Murphy, Britt Robertson & Xavier Samuel

Rated PG-13; 1 hr. 44 min.

Tuesday, Feb. 27—Irreplaceable You (2018)

A stunning cancer diagnosis spurs Abbie to seek a future girlfriend for fiancé and childhood sweetheart Sam, who's clueless when it comes to dating.

Co-Starring: Gugu Mbatha-Raw, Michiel Huisman & Christopher Walken

Rated TV-MA; 1 hrs 36 min.

Wednesday, Feb. 28—The Lake House (2006)

After moving away from her peaceful lakeside home, a lonely physician begins writing letters to the frustrated architect who now occupies the building, only to discover that they're living two years apart and connected by a mysterious mailbox.

Co-Starring: Keanu Reeves, Sandra Bullock & Christopher Plummer

Rated PG; 1 hr. 38 min.

Thursday, March 1—Carbon Copy (1981)

White executive Walter Whitney learns unexpectedly that he has a teenage black son, Roger. Fearing that his uptight neighbors won't approve, Walter tries to dismiss his new houseguest's arrival as race-related research.

Co-Starring: George Segal, Susan Saint James & Denzel Washington

Rated PG; 1 hr. 35 min.

Friday, March 2 – Along Came Polly (2004)

After his wife dumps him on their honeymoon for their scuba-diving instructor, uptight Reuben reconnects with Polly, an irreverent childhood friend who teaches him to live life on the edge.

Co-Starring: Ben Stiller, Jennifer Aniston & Phillip Seymour Hoffman

Rated PG-13; 1 hr. 30 min.

Saturday, March 3—Da Vinci Code (2006)

When the curator of the Louvre is found murdered in the famed museum's hallowed halls, Harvard professor Robert Langdon and cryptographer Sophie Neveu must untangle a deadly web of deceit involving the works of Leonardo da Vinci.

Co-Starring: Tom Hanks, Audrey Tautou & Ian McKellen

Rated PG-13; 2 hrs. 29 min.

Weekly Opportunities Calendar Feb. 25 - Mar. 3

Sunday • February 25

Breakfast at Verna Belle's—Omelets with Fruit

- 9:00 a.m. ~ Miller Worship Service, MFR
- 10:00 a.m. ~ Worship Service, CR
- 2:00 p.m. ~ Wroten Worship Service, WL
- 7:00 p.m. ~ Vespers with Rev. Glenn Fogo from First United Methodist Church, CR

Monday • February 26

Breakfast at Verna Belle's—Biscuits & Sausage Gravy

- 9:30 a.m. ~ Seated Strength, CR
- 10:20 a.m. ~ Weights 101, CR
- 11:00 a.m. ~ Sit & Be Fit, CR
- 12:00 p.m. ~ Yoga, CR
- 12:00 p.m. ~ 1st Pres. Men's Luncheon, MR
- 1:00 p.m. ~ Parkinson's Exercise Class, CR
- 1:00 p.m. ~ Blood Pressure & Responder Clinic, GR
- 2:00 p.m. ~ Osher Class: J.R. Brinklly, BFH
- 1:45 p.m. ~ Parkinson's Voice Class, CR
- 3:30 p.m. ~ MLH Singers Practice, CR
- 5:30 p.m. ~ Eastside Supper, MR
- 6:00 p.m. ~ LEAP! Class, KSU CL
- 7:00 p.m. ~ Community Bingo, CR

Tuesday • February 27

Trash pick-up day

Breakfast at Verna Belle's—Breakfast Sandwich w/Fruit

- 9:30 a.m. ~ Literature of Aging, WCR
- 10:30 a.m. ~ Steady Yourself, CR
- 11:15 a.m. ~ Chair Yoga, CR
- 11:30 a.m. ~ AAUW Women's Luncheon, KSU CL
- 12:00 p.m. ~ Seven Dolors Book Discussion, LR
- 3:00 p.m. ~ Coffee Corner, CR
- 4:00 p.m. ~ Newspaper & Bible, LR
- 5:30 p.m. ~ 3rd Floor Supper, CR

Wednesday • February 28

Breakfast at Verna Belle's—Breakfast Burrito with Fruit

- 9:30 a.m. ~ Seated Strength, CR
- 10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
- 10:00 a.m. ~ Worship Service, LR
- 10:00 a.m. ~ ArtFul Memories Class, KSU CL
- 10:20 a.m. ~ Weights 101, CR
- 11:00 a.m. ~ Sit & Be Fit, CR
- 12:00 p.m. ~ Yoga, CR
- 1:00 p.m. ~ Pitch, GR
- 1:00 p.m. ~ Family Caregiver Alliance Webinar, WCR
- 1:15 p.m. ~ Dr. Tran's Foot Clinic, CR
- 1:30 p.m. ~ Diabetic Support Group, KSU CL
- 3:00 p.m. ~ Rock Steady Boxing, KSU CL
- 3:00 p.m. ~ Call Hall Ice Cream, KR

- 4:00 p.m. ~ Lutheran Video Worship Service, LR
- 5:30 p.m. ~ 1st Floor Supper, LR
- 6:30 p.m. ~ Osher Class: Gunmen, Scoundrels, and Lawmen of the West, CR

Thursday • March 1

Breakfast at Verna Belle's—Biscuits & Sausage Gravy

- 8:30 a.m. ~ Messenger Ladies, WCR
- 9:30 a.m. ~ Literature of Aging, WCR
- 10:00 a.m. ~ Meadowlark Bible Study, LR
- 10:30 a.m. ~ A Sense of the Past, SCR
- 1:00 p.m. ~ Blood Pressure & Responder Clinic, GR
- 2:00 p.m. ~ Parkinson's Education Group, CR
- 5:30 p.m. ~ Meadowlark Circle Dinner, MR
- 6:30 p.m. ~ Osher Class: Killers of Kansas, CR

Friday • March 2

Breakfast at Verna Belle's—Waffle or Pancake

- 9:30 a.m. ~ Seated Strength, CR
- 9:30 a.m. ~ Art Committee, LR
- 10:20 a.m. ~ Weights 101, CR
- 11:00 a.m. ~ Sit & Be Fit, CR
- 12:30 p.m. ~ Mending Angel, GR
- 1:00 p.m. ~ Hand & Foot Card Games, GR
- 1:00 p.m. ~ Parkinson's Exercise Class, CR
- 3:30 p.m. ~ Catholic Mass, CR
- 7:00 p.m. ~ Community Sing-along, CR

Saturday • March 3

Breakfast at Verna Belle's—Omelets with fruit

- 9:30 a.m. ~ Painting for Fun, KSU CL
- 1:00 p.m. ~ KSU Watch Party, GR
- 6:00 p.m. ~ Nancy B. Piano School Recital, CR

Room Abbreviations

BP, Billiards Parlor	LB, Library
CH, Collins House	LR, Living Room
CR, Community Room	MFR, Miller Friendship Rm
CON, Conference Room	MR, Manhattan Room
GR, Game Room	PS, Prairie Star Restaurant
GC, Grosh Cinema	KR, Kansas Room (Pub)
VE, Village Entrance	KSU CL, KSU Classroom
WL, Wroten Library	PSP, Prairie Star Patio
HD, Hospitality Desk	MS, Miller Spa
BFH, Bank of Flint Hills	CSC, Combative Sports Center
SCR, South Conference Room (formerly Tranquility Rm.)	

*Meadowlark News Channel can be viewed on Channel 1960