



## Contribute to Hurricane Relief

During the past several days, Tropical Storm Harvey has affected 50 counties in Texas with flooding, according to the Federal Emergency Management Agency. The damage left by the storm is extensive.

Meadowlark is accepting donations to contribute to the hurricane relief in Texas. One hundred percent of donations will go directly to cover a range of needs including basic supplies, such as food and water.

Donations made via cash, check and/or credit card will be accepted at the Hospitality Desk starting today through 9 p.m. Thursday, Sept. 7. The morning of Friday, Sept. 8, Meadowlark will send in all donations to support disaster relief for Hurricane Harvey.

## Bids & Buys Annual auction benefits Good Samaritan Fund

*By Becky Fitzgerald*

Who doesn't love a fast-paced auction? It's still the one place you can get something for nodding! Although, of course, you do have to stay until the bidder end.

Meadowlark Foundation's 3<sup>rd</sup> annual estate-style auction is set for Saturday, Sept. 23, and with four storage units full of furniture and more, it may take several hours to reach that "bidder end". The event begins at 9:30 a.m. in the Utopia Room of St. Thomas More Catholic Church, 2900 Kimball Ave. Proceeds benefit the Good Samaritan Fund, which assists residents in Meadowlark Hills healthcare households who have outlived their financial resources. Once again, Manhattan auctioneer Vern Gannon is donating his services so that more auction

*cont. page 4, Auction*

## Great success!

Congratulations to Michelle Haub, Becky Fitzgerald, Doug Sellers and the rest of the Speedy PD Planning Team on an incredibly successful event! A full re-cap will be printed in next week's Messenger, but here are some highlights:

**Over \$79,000 raised in cash & in-kind donations  
(\$55,000 cash)  
825 registered participants  
33 teams**



### **KSU Football Watch Party**

***Saturday, Sept. 2, at 6:10 p.m.***

Come and watch the Kansas State Wildcats as they kick off the 2017 football season Saturday, Sept. 2! The Cats will take on the Central Arkansas Bears at 6:10 p.m. The Watch Party will be in the Game Room and refreshments will be served at 5:30 p.m. Go STATE!

### **Vespers Services**

***Sunday, Sept. 3, at 7 p.m.***

The Vespers services will be led by Rev. John Wright from First United Methodist Church. Vespers service will begin at 7 p.m. Sunday, Sept. 3, in the Community Room. All are welcome to attend.

### **Learn about the Gypsies**

***Submitted by Virginia Koon, presenter***

***Friday, Sept. 1, at 7 p.m.***

Last week you read about our upcoming program at 7 p.m. Friday, Sept. 1, and I hope that you are excited about hearing some new information about the history of the Roma/ Gypsy people. We will explore some reasons that these people have been so hated and were almost annihilated during the holocaust. There will be new photos from the early 1900's that have just been made public and scenes of deportation of Roma Gypsies to internment camps.

I will also have some crafts made by Roma ladies in Romania that you can buy and a lady's authentic dress that is worn in the traditional Roma villages. In fact, I bought it from a lady who went to her closet to get it so she could get paid for it! You will be seeing and hearing about real "Gypsies," not fictional characters! Please come and join us.

### **Memory Program Luncheon**

***Wednesday, Sept. 6, at 11 a.m.***

Join the Meadowlark Memory Program for a relaxing lunch from 11 a.m. to noon Wednesday, Sept. 6, in the Manhattan Room. This is an opportunity to visit with others who may be experiencing some changes in their memory. The lunch will begin immediately after the Memory Activities Class, Memory Café and

Memory Care Partners Support Group, so it's a wonderful way to carry-over the things you learn in these classes in a non-threatening social environment. The menu will include soup, salad and a dessert paired with great conversation. Please sign up in the Blue Book by Monday, Sept. 4. Cost is approximately \$9 per person.

### **Trip to Royals Game**

***Thursday, Sept. 7, depart at 1 p.m.***

There are a *few* spots available for the trip to watch the KC Royals Thursday, Sept. 7! Interested staff and residents can sign up in the Blue Book at the Hospitality Desk. The cost for the trip is \$35 per person, which includes one admission ticket, transportation and a tailgate supper. The group will depart from Meadowlark for the game at 1 p.m. and are expected to return to Manhattan around midnight.

Cancelations need to be made by today, Aug. 31, for full reimbursement. Please contact Jayme Minton with questions.

### **Quilt Show & Talk**

***Friday, Sept. 8, at 7 p.m.***

On Friday, Sept. 8, Meadowlark is in for a treat! We will welcome Jacquie Gering, daughter of Meadowlark residents Fred and Esther Sobering. Jacquie is a celebrated international modern quilter, author and designer who will be sharing her journey from learning to sew with her mom to quilting celebrity. Jacquie started quilting nine years ago and has been a driving force and leader in the modern quilt movement. Through her quilts she will show how she adapted traditional quilting to fit her modern aesthetic.

Come see Jacquie's beautiful quilts and celebrate the art and craft of quilting at 7 p.m. Friday, Sept. 8, in the Community Room.

### **KSU Watch Party**

***Saturday, Sept. 9, at 11 a.m.***

Start your Saturday morning off right watching your KSU Wildcats on Charlotte University. The Watch Party will be in the Game Room, Saturday, Sept. 9, with an 11 am. kick-off time. Light refreshments will be served at 10:30 am. Go STATE!



## Meadowlark Ladies Luncheon

Thursday, Sept. 14, at 12:30 p.m.

Have you visited a desert? Walked along a dry riverbed? Looked across a barren landscape to the horizon, then dropped through a hole and found 30-foot walls of sculptured stone?

Come to our meeting Thursday, Sept. 14, at 12:30 p.m. and some photos will be shown after dropping through one of these holes.

Hostesses for the luncheon are Karen Trail and Yvonne Crawford. Sign up in the Blue Book at the Hospitality Desk.

Alice in Wonderland never saw something this awesome!

## From the Editor

### I wonned!

by Sarah Duggan

When I told Murphy she was signed up for a race she beamed with excitement, shot a fist in the air and said, "I'm going to get a race shirt! And a medal! And a chocolate milk!"

We dream big at the Duggan house.

Murphy ran the half-mile family fun run at the ninth annual Speedy PD Race for Parkinson's Disease last weekend. When I say she ran, I mean she ran. *The whole time.*

When Murphy crossed the finish line, she was grinning ear to ear, "I wonned Mommy! I wonned!"

Her day (maybe even her WEEK) was made. Race shirt? Check. Medal? Check. Chocolate milk? Check.

Eilish also made it to the race, but she deemed the early morning worth staying in her pajamas. A couple more years and she can winned a race, too. Life is always changing.



★ ★ ★

★ JOIN US ON THE PRAIRIE STAR PATIO FOR ★

★ S'Mores & More ★

★ THURSDAY, SEPTEMBER 28 ★

★ Dinner served at 6 p.m. ★  
★ Live Music starting at 6:30 p.m. ★

★ PLEASE RESERVE YOUR SPOT AT ★  
★ THE PRAIRIE STAR RESTAURANT HOST STAND ★

★ Menu ★

★ \$25 PER PERSON ★

★ Trail Mix Station ★  
★ Build-Your-Own Trail Mix ★

★ Salad ★  
★ Grilled Romaine Salad with Balsamic ★  
★ Reduction Dressing ★

★ Entree ★  
★ Swordfish & Beef Kabobs ★  
★ Chili Lime Grilled Corn on the Cobb ★  
★ Five Bean and Bacon Salad ★  
★ Jicama Slaw ★

★ Dessert ★  
★ Tabletop S'mores ★



★ ★ ★

## September Birthdays

### Healthcare

9/4 **Doris Brothers**  
 9/7 Donna Davis  
 9/10 Mary Sorrick  
 9/10 Judith Enyart  
 9/14 Juanita Silva  
 9/15 Bob Schoeff  
 9/16 Verta Riniker  
 9/18 Eleanor McEwen  
 9/28 Joanna Hosenev

### Assisted Living

9/1 Kathleen Newell  
 9/10 Shirley Devanney

### Independent Living

9/2 Esther Headrick  
 9/3 Case Bonebrake  
 9/3 Kent Smith  
 9/5 Mary Ann McCoy  
 9/5 **Eula Mae Parker**  
 9/5 Martin Braaten  
 9/6 Reed Hoffman  
 9/11 Kennard Kopp  
 9/13 Bob Klemm  
 9/14 Dot Luftburrow  
 9/14 Velma Skidmore  
 9/15 Evelyn Irvine  
 9/17 Harry Carlson  
 9/17 Kay Halazon  
 9/17 **Joyal Crain**  
 9/20 Kip Williams  
 9/24 John Schlup  
 9/24 Yvonne Crawford  
 9/28 Edith Doerry  
 9/29 Billy Swofford

### Employees

9/1 Hope Havenstein  
 9/2 Jonathan Beyer  
 9/2 Sherri Hooper  
 9/3 Aleta Esslinger  
 9/3 Sami Meier  
 9/6 Bethany Schmitz  
 9/7 leasha Garvin  
 9/7 Chelsea Potter  
 9/7 Charles Tannehill  
 9/9 Katy Ames  
 9/9 Viola VanPertz  
 9/10 Andria Anderson  
 9/10 Pamela Martinez  
 9/11 Chelsea Marshall  
 9/15 Jessica Beavers  
 9/16 Caitlin Chambers  
 9/16 Marion Jackson  
 9/16 Dave Prockish  
 9/17 Evangelina Gallardo  
 9/17 Patty McKenna  
 9/18 Zenobea Jacob  
 9/18 Jayme Minton  
 9/19 Ashley Adams  
 9/21 Christine Norris  
 9/22 Aaron Swank  
 9/23 Alex Ring  
 9/25 Deidre Greeley  
 9/26 Courtney Fronk  
 9/26 Amanda Mills  
 9/27 Hope Laubhan  
 9/27 Karin Scheideman

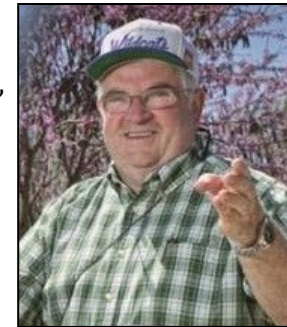
***Bold denotes  
 milestone birthday  
 of 80, 90, 100 or  
 100+***



*Auction, from page 1*

revenue will go toward the fund.

“I just love to sell stuff,” Gannon [*pictured right*] said recently during an auction planning meeting. During that meeting, he also shared that one of his regular auction-goers is changing the departure date of his vacation so that he may attend Meadowlark’s auction. “He said your sale last year was the auction of the year, and he didn’t want to miss out this year.”



Collecting items for the 2017 auction literally began the day of the auction last September. A Meadowlark resident was the high bidder for an adjustable bed, and offered to donate the bed she had at the time. Many other cheerful givers have followed. A variety of chairs, tables, desks, dressers, lamps, artwork, glassware, beds, and more lamps await the auction block. (*How do we have so many lamps?*)

In addition to furniture, household items, such as decorative glassware, rugs, artwork (decorative and fine art), décor items (inside and outside), gently used small appliances, clocks, holiday items, etc., may be donated again this year, and apt. 315 in the West Tower has been reserved as a collection point. “Real” and costume jewelry generated about \$2000 at the 2016 auction, and Gannon said interest in jewelry remains strong. If you have gemstone pieces or costume jewelry that you no longer wear or need, please consider supporting our worthy cause.

Donations will be accepted from 10 a.m. to 2 p.m. on Friday, Sept. 8, and from 1 to 3 p.m. on Thursday, Sept. 14. We will not accept clothing, shoes, books or outdated electronic equipment, such as video cassette recorders and large, boxy TVs. Flat-screen models are welcome.

If you have large or heavy donations that cannot be brought to #315, please contact Becky, Development Director, at 323-3843 to arrange a pick-up time. The Foundation appreciates your generosity.



### Construction progress at Meadowlark

The winds of change, and construction progress, continue to fall upon Meadowlark Hills! Last week new carpet was installed in the west entrance near the smoke shack, on the grand staircase, in the Cinema and the Billiards Parlor.

More new flooring will be installed today at the Park Entrance, which will require the removal of the current tile flooring. Please avoid using this entrance throughout the day today, Aug. 31.

Dates to know for Verna Belle's construction:  
~ Sept. 1 to Sept. 5: There will be a company on campus to cut concrete. The contractors will also be using a jack hammer to break up the concrete, which will make these days extremely noisy.

~ Sept. 11 to Sept. 15: There will be several contractors working in Verna Belle's, but staff does not expect for the work to be incredibly loud. One of these days the contractors will be trenching outside, east of the administrative offices.

~ Sept. 18 to Sept. 22: Contractors will be breaking out a section of floor within the Verna Belle's renovation area. This will create a lot of noise, but for a minimal amount of time.

If you have questions, please contact Mike Davis at 323-3851.



[above] Demolition continues in Verna Belle's Café. This work is the source of the recent construction noise in the main building at Meadowlark.

### Join Meadowlark Singers!

*Submitted by Jane Boys, Choir Director*

Hi all music lovers! It's time for the Meadowlark Singers to swing into action! Monday, Sept. 11, at 3 p.m. is the date to put on your calendar... EVERYONE is welcome. If you can smile and breathe, you are automatically a member!

Please come join us as we begin a new season... Christmas, Valentine's, and Spring concerts for sure...and any other requests we can meet. It really is a fun time...we're like our own little family and would love for YOU to be part of it! Give it a try... it's great to be back with you all! See you the 11th!

## Labour Day Buffet Menu

Cost \$10/person

Sign up in the Blue Book at the Hospitality Desk

Three-Bean Salad, Marinated Summer Slaw  
& Macaroni Salad

~

BBQ Chicken, Italian Sausage & Beef Penne,  
Corn on the Cobb, Baked Beans  
& Garlic Toast

~

Chocolate Cake with Buttercream Frosting,  
Blackberry Cobbler & Cookies

# PRAIRIE STAR RESTAURANT

**Extended Hours**  
**Monday to Friday, 7 a.m. to 8 p.m.**  
**Saturday, 9 a.m. to 8 p.m. Sunday, 9 a.m. to 7 p.m.**

All specials include beverage, starter and dessert.  
 An extra vegetable can be substituted for the starch at no additional charge.  
 The restaurant can accept up to four reservation per time, depending on party size.  
 Reservations can be made in person or by calling 323-3820.

<b>SUNDAY</b>	Sept. 3 ~ Lunch \$12	Dinner \$10
	Grilled Raspberry Chicken Wild Rice Vegetable du Jour	Ham & Beans Cornbread Vegetable du Jour
<b>MONDAY</b>	Sept. 4 ~ Lunch \$7	Dinner \$10
	Steamed Brats Potato Salad Choice of Vegetable <i>No starter or dessert included.</i>	Labor Day Buffet <i>See page #5 for menu.</i>
<b>TUESDAY</b>	Sept. 5 ~ Lunch \$8	Dinner \$13
	Fajita Bar <i>(does not include drink, starter, or dessert)</i>	Stuffed Pork Tenderloin with Fresh Balsamic Demi Glaze Rissoto Vegetable du Jour
<b>WED.</b>	Sept. 6 ~ Lunch \$7	Dinner \$12
	Chicken Legs & Thighs ala Orange Roasted Yukon Gold Potatoes Choice of Vegetable <i>No starter or dessert included.</i>	Beef Tips Fettucine Vegetable du Jour
<b>THURS.</b>	Sept. 7 ~ Lunch \$7	Dinner \$13
	Macaroni & Cheese Bar <i>(does not include drink, starter, or dessert)</i>	Chicken Cordon Bleu with Supreme Sauce Rice Pilaf Vegetable du Jour
<b>FRIDAY</b>	Sept. 8 ~ Lunch \$8	Dinner \$14
	Baked Sole with Dill Sauce Rice Pilaf Vegetable du Jour <i>No starter or dessert included.</i>	Seared Scallops Baked Potato Vegetable du Jour
<b>SAT.</b>	Sept. 9 ~ Lunch \$10	Dinner \$12
	Chicken Salad Melt Choice of Vegetable	Stuffed Meatloaf with Mozzarella Marsala Sauce Roasted Red Potatoes Vegetable du Jour

**DRINK SPECIAL** | Appletini  
 1 oz. Sour Apple Pucker, 1 oz. Vodka & 1/2 oz. Sweet & Sour Mix  
 \$3.75

## Grosh Cinema Movies

Sunday, September 3 to Saturday, September 9

Show Times: 1, 4 and 7 p.m., Monday – Saturday

2 and 6 p.m., Sunday

### **Sunday, Sept. 3 – Madagascar: Escape 2 Africa (2008)**

A botched rescue strands Alex the lion and his companions in Africa. Sadly, Alex discovers he has little in common with the locals.

**Co-Starring: Ben Stiller, Chris Rock & David Schwimmer**

**Rated PG; 1 hr. 30 min.**

### **Monday, Sept. 4 – Gold (2016)**

A hapless but driven prospector pursues wealth and fame by teaming up with a mysterious geologist to search for gold in Indonesia.

**Co-Starring: Matthew McConaughey, Edgar Ramirez & Bryce Dallas Howard**

**Rated R for language and some sexuality; 2 hrs.**

### **Tuesday, Sept. 5 – Going In Style (2017)**

Cheated out of their pensions, three elderly friends decide to extract justice from the system by robbing a bank and then heading for Las Vegas.

**Co-Starring: Morgan Freeman, Michael Caine & Alan Arkin**

**Rated PG-13; 1 hr. 36 min.**

### **Wednesday, Sept. 6 – The Boy In The Striped Pajamas (2008)**

When his family moves from Berlin to Poland, a young boy befriends a boy who lives on the other side of the fence, unaware he's a Jewish prisoner.

**Co-Starring: Asa Butterfield, Vera Farmiga & David Thewlis**

**Rated PG-13; 1 hr. 34 min.**

### **Thursday, Sept. 7 – Before We Go (2015)**

When Brooke Dalton is mugged and misses the last train back to Boston, she's by herself in the predatory darkness of New York City.

**Co-Starring: Chris Evans, Alice Eve & Elijah Moreland**

**Rated PG-13; 1 hr. 35 min.**

### **Friday, Sept. 8 – Poseidon (2006)**

A tidal wave spells disaster for a boatland of revelers when it capsizes the mammoth vessel, pitching the passengers into a desperate battle for survival.

**Co-Starring: Josh Lucas, Kurt Russell & Richard Dreyfuss**

**Rated PG-13; 1 hr. 38 min.**

### **Saturday, Sept. 9 – The Matchbreaker (2016)**

After he's paid by a disapproving mother for breaking up her daughter's relationship, a former romantic finds high demand for his unusual services.

**Co-Starring: Wesley Elder, Christina Grimmie & Olan Rogers**

**Rated PG; 1 hr. 34 min.**

# Weekly Opportunities Calendar Sept. 3 to Sept. 9

## Sunday • September 3

*Breakfast at Prairie Star—Pastries with Fruit*

- 9:00 a.m. ~ Miller Worship Service, MFR
- 10:00 a.m. ~ Worship Service, CR
- 2:00 p.m. ~ Wroten Worship Service, WL
- 7:00 p.m. ~ Vespers with Rev. John Wright from First United Methodist Church, CR

## Monday • September 4

*Breakfast at Prairie Star—Biscuits & Sausage Gravy*

- 1:30 p.m. ~ Ladies Pool Table Time, BP
- 7:00 p.m. ~ Community Bingo, CR

## Tuesday • September 5

*Trash pick-up day*

*Breakfast at Prairie Star—Breakfast Sandwich with Fruit*

- 10:30 a.m. ~ Steady Yourself, CR
- 11:15 a.m. ~ Chair Yoga, CR
- 12:00 p.m. ~ Seven Dolores Book Discussion, LR
- 12:00 p.m. ~ Kimball Luncheon
- 2:00 p.m. ~ LifeStory Writing Group, LR
- 3:00 p.m. ~ Coffee Corner, CR
- 4:00 p.m. ~ Newspaper & Bible, LR

## Wednesday • September 6

*Breakfast at Prairie Star—Breakfast Burrito with Fruit*

- 9:30 a.m. ~ Seated Strength, CR
- 10:00 a.m. ~ Worship Service, LR
- 10:00 a.m. ~ Memory Activities Class, KSU CL
- 10:00 a.m. ~ Memory Café, KR
- 10:00 a.m. ~ Memory Care Partners Support Grp, TR
- 10:20 a.m. ~ Weights 101, CR
- 11:00 a.m. ~ Sit & Be Fit, CR
- 11:00 a.m. ~ Memory Luncheon, MR
- 11:30 a.m. ~ 1st Men's Club Luncheon, LR
- 12:00 p.m. ~ Yoga, CR
- 1:15 p.m. ~ Dr. Tran's Foot Clinic
- 1:30 p.m. ~ Pitch, GR
- 1:30 p.m. ~ Collins Worship Service, CH
- 3:00 p.m. ~ Call Hall Ice Cream, KR
- 3:00 p.m. ~ Rock Steady Boxing, KSU CL & CSC
- 4:00 p.m. ~ Lutheran Video Worship Service, LR
- 6:30 p.m. ~ Osher Class: Mexican American War, CR

## Thursday • September 7

*Breakfast at Prairie Star—Biscuits & Sausage Gravy*

- 8:30 a.m. ~ Messenger Ladies, CON
- 10:00 a.m. ~ Meadowlark Bible Study, LR
- 10:30 a.m. ~ Steady Yourself, CR
- 11:15 a.m. ~ Chair Yoga, CR
- 1:00 p.m. ~ Depart for KC Royals Game, PSP
- 1:00 p.m. ~ Blood Pressure & Responder Clinic, GR
- 1:30 p.m. ~ Card Making with Michelle, LR
- 2:00 p.m. ~ Parkinson's Education Group, CR
- 5:30 p.m. ~ Meadowlark Circle Dinner, MR

## Friday • September 8

*Breakfast at Prairie Star—Waffle or Pancake*

- 9:30 a.m. ~ Seated Strength, CR
- 10:00 a.m. ~ Auction Donation Collection, apt. 315
- 10:20 a.m. ~ Weights 101, CR
- 11:00 a.m. ~ Sit & Be Fit, CR
- 1:00 p.m. ~ Hand & Foot Card Games, GR
- 1:15 p.m. ~ Parkinson's Exercise Class, CR
- 1:15 p.m. ~ Parkinson's Care Partners Support Grp, LR
- 7:00 p.m. ~ A Quilt Show with Jacquie Gering, CR

## Saturday • September 9

*Breakfast at Prairie Star—Pastries with Fruit*

- 9:00 a.m. ~ Rock Steady Boxing, CSC
- 9:30 a.m. ~ Painting for Fun, KSU CL
- 11:00 a.m. ~ KSU Watch Party, GR

### Room Abbreviations

BP, Billiards Parlor	LB, Library
CH, Collins House	LR, Living Room
CR, Community Room	MFR, Miller Friendship Rm
CON, Conference Room	MR, Manhattan Room
GR, Game Room	PS, Prairie Star Restaurant
GC, Grosh Cinema	TR, Tranquility Room
KR, Kansas Room (Pub)	VE, Village Entrance
KSU CL, KSU Classroom	WL, Wroten Library
PSP, Prairie Star Patio	CSC, Combative Sports Center
HD, Hospitality Desk	MS, Miller Spa

\*Meadowlark News Channel can be viewed on Channel 1960