

Walking in a Winter Wonderland!

Meadowlark 2017 Winter Ball

Friday, Jan. 27, from 6 to 9 p.m.

The Meadowlark 2017 Winter Ball is set for Friday, Jan. 27, from 6 to 9 p.m. in the Community Center, including the Community Room, Game Room and Prairie Star Restaurant. The Community Center will be transformed into the elegant ballroom to host Winter Ball. All residents and staff are invited.

The selected theme this year is "Winter Wonderland." Elegant and sparkly decorations will set the stage for this formal event.



Feel free to dress the part in your best formal attire! Formal attire is suggested but not required.

Enjoy music provided by, not one, but two live bands beginning at 6 p.m. in the Community Room and simultaneously in the Prairie Star Restaurant. Feel free to mingle between both bands throughout the night and enjoy heavy appetizers catered by the Prairie Star Restaurant. No registration is required for this free event. You may come and go as you please.

ASK SARAH

Same place, new face

Submitted by Sarah Duggan

You may have heard through the grapevine that Allison Gonzalez, APRN at the Meadowlark Medical Professionals clinic, is moving out of state in December. While it is tough to say goodbye, we have the opportunity to say hello to a new face at the physician's practice.

Jenny Benites, APRN, started training with Dr. Matt Floersch last month in preparation of filling Allison's open position. As an APRN, Jenny will provide primary and acute healthcare to patients, including diagnosing, treating and writing prescriptions. Nurse practitioners can function in this capacity with the oversight of a physician.

Originally from Pampa, Texas, Jenny now lives in Manhattan with her husband and two children. She graduated from West Texas A&M University in 2006 with a bachelors of science in nursing and received her masters of science in nursing – family



nurse practitioner in 2014.

Jenny's favorite thing about nursing is the opportunity to care for people. Prior to moving to Manhattan, Jenny worked in an internal medicine clinic and in a hospital ICU specializing in cardio vascular and gastroenterology.

Dr. Floersch operates the Meadowlark Medical Professionals clinic located on the Meadowlark campus. Patients of the clinic consist of people who live both on and off the Meadowlark campus. Jenny will complete training this week and starting Tuesday, Dec. 6, she will begin seeing patients on her own schedule, which will be Tuesdays and Thursday between 8 a.m. and 5 p.m. at the Meadowlark Medical Professionals clinic. If you are a current patient of Dr. Matt's, you'll be meeting Jenny in the upcoming weeks. If you are not a patient at the clinic, but are interested in learning more, please contact Mary Jo Eichman, Physician's Practice Leader, at (785) 537-1900.

See you next week and thanks for stopping by!

UPCOMING EVENTS & ANNOUNCEMENTS

Cuz'n Jed's Christmas

Friday, Dec. 2, at 7 p.m.

Come out and enjoy a fun filled hour of Christmas classics with Jed Wymore at 7 p.m. Friday, Dec. 2, in the Community Room. Jed will be joined by other musicians as they entertain Meadowlark with an array and holiday music.

Meadowlark Ladies Luncheon

Thursday, Dec. 8, at 12:30 p.m.

All Meadowlark ladies are welcomed to attend the Meadowlark Ladies Luncheon hosted by Janice Parsons and Yvonne Crawford at 12:30 p.m. Thursday, Dec. 8, in the Manhattan Room. Ladies will have the opportunity to enjoy a light lunch and holiday related activities. Please sign up in the Blue Book located at the Hospitality Desk to attend this luncheon.

Shopping Trip

Wednesday, Dec. 7, at 10 a.m.

Take advantage of the complimentary transportation to local shopping centers. Transportation goes to the following locations: Dillons and Walmart. The next trip departs at 10 a.m. Wednesday, Dec. 7, from the Village Entrance. Please sign up in the Blue Book to register for transportation.

Christmas Carousel reservations

Christmas Carousel reservations will close Sunday, Dec. 4. If you have not had the chance to register for this event please sign up in the Blue Book located at the Hospitality Desk. Once reservations close, each attendee will receive a personalized reminder card indicating which time your group will begin the day of the party.

Flint Hills Masterworks Chorale

Monday, Dec. 5, at 7:30 p.m.

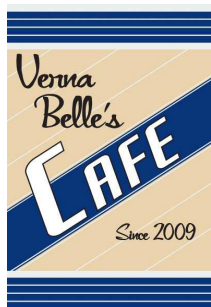
The Flint Hills Masterworks Chorale with KSU University will be hosting a fall concert at 7:30 p.m. Monday, Dec. 5, at All Faiths Chapel.

The choir will be directed by Julie Yu and accompanied by pianist, Mary Ann Buhler. Free admission.

December Focus Group

Thursday, Dec. 8, at 10 a.m.

The Focus Group scheduled for December will once again spotlight a staff member. The staff attendee will be Support Services Assistant, Mary Harness. The Focus group will be at 10 a.m. Thursday, Dec. 8, in the KSU Classroom.



Lunch Specials Dec. 4 - Dec. 10

Hours: Monday—Friday, 8 a.m. to 5 p.m.
Saturday—Sunday, 9 a.m. to 1 pm.

Sunday, Dec. 4 - Chicken Salad Sandwich with Side <i>(Chicken salad on white or wheat bread with your choice of side)</i>	\$3.75/\$5.50
Monday, Dec. 5 - Meatball Sub with Caesar Salad <i>(Meatballs covered in marinara sauce topped with shredded mozzarella cheese on a sub)</i>	\$3.75/\$5.50
Tuesday, Dec. 6 - Italian Beef Panini with Soup or Chips <i>(Shredded Beef with Italian seasonings & Swiss cheese on toasted white or wheat bread)</i>	\$3.75/\$5.50
Wednesday, Dec. 7 - White Chicken Chili with Cornbread Muffin <i>(Creamy stew with Chicken, great northern beans & onions topped with green onions & shredded cheddar cheese)</i>	\$3.75/\$5.50
Thursday, Dec. 8 - Grilled Ham with Swiss Tomato Soup <i>(Ham & Swiss cheese on butter toasted white or wheat bread)</i>	\$3.75/\$5.50
Friday, Dec. 9 - Quesadilla Day! <i>(Your choice of Cheese, Chicken or shredded Beef in a crispy flour tortilla)</i>	\$3/\$4/\$5
Saturday, Dec. 10 - Ham Salad Sandwich with Side <i>(Ham salad on white or wheat bread with your choice of side)</i>	\$3.75/\$5.50

UPCOMING EVENTS & ANNOUNCEMENTS

Meadowlark Hills Singers Winter Concert

Friday, Dec. 9, at 7 p.m.

Mark your calendars for the Meadowlark Singers Winter Christmas performance at 7 p.m. Friday, Dec. 9, in the Community Room. This festive event will include wonderful Christmas music performed by some of our very own!

66th Annual Pancake Feed and Silent Auction

Saturday, Dec. 10, from 7 a.m. to 1 p.m.

The Manhattan Kiwanis Club will be hosting the 66th Annual Pancake Feed and Holiday Silent Auction from 7 a.m. to 1 p.m. Saturday, Dec. 10, at Pottorf Hall at Cico Park. All proceeds benefit twenty plus local community projects.

Tickets for adults cost \$5 during presale and \$6 the day of the feed. Tickets for children ages five through twelve cost \$3 during presale and \$4 the day of the feed. Children under five can eat for free. Please contact Loren Alexander at (785) 537-7822 to purchase presale tickets.

Music and Memory Movie Night

Thursday, Dec. 1, at 6 p.m.

The Meadowlark Memory Program invites you to Music and Memory Movie Night to view the documentary "Alive Inside" at 6 p.m. today, Dec. 1, in the Community Room.

Donations of gently used iPods, CDs, iTunes gift cards and cash will be accepted to continue the Memory and Music Program.

Memory Luncheon

Wednesday, Dec. 7, at 11 a.m.

Memory Luncheon is scheduled immediately after the MAC and Care Partner Support Group from 11 a.m. to noon Wednesday, Dec. 7, in the Manhattan Room. Please sign up in the Blue Book located at the Hospitality Desk if you interested in attending the luncheon.

Center of Aging Lecture Series

Thursday, Dec. 8, from 4 to 5 p.m.

Cliff Robelto with KSU Track and Field students will be discussing the 2016 Rio Olympics from 4 to 5 p.m. Thursday, Dec. 8, in the Community Room.

The lecture will include information about the KSU track and field team and how they represented seven athletes to the Olympic Games in Rio De Janeiro, Brazil.

Memory Care Partner Support Group

Wednesday, Dec. 7, at 10 a.m.

Memory Care Partner Support Group will meet from 10 to 11 a.m. Wednesday, Dec. 7, in the Tranquility Room.

Outdoor Encounters

Submitted by Nathan Bolls

During lunch at Verna Belle's on 3 November 2016, Velma and Ed Skidmore asked if I had seen the large group of birds on the wires around where Denison Avenue meets Marlatt Road. I hadn't, but did go out mid-afternoon the next day. I saw hundreds and hundreds—perhaps a thousand or more—both on wires and eating in the nearby cattle feeding station just north of Marlatt.

I saw rusty blackbirds, brown-headed cowbirds, starlings, and Brewer's blackbirds, all species known to commonly group together in preparation for moving south. Other species may have been present, but with so many birds, I can't claim to have seen every kind present. What a sight! Velma and Ed, Thank you! We all, this fall, even today, have seen smaller groups of these birds on wires around and within our Meadowlark campus.

Soon coming to mind was our penchant for naming groups of a given species, e.g., herd of deer, flock of chickens, roost of pigeons, shoal of fish, pod of whales, gaggle of geese, murder of crows, or an exaltation of larks. How about a range of mountains or the citizens of some human geo-political unit, however small or large?

A student of ecological physiology and evolutionary theory could not help but consider another issue: what adaptive value does "grouping" give to living organisms? Biological consensus holds that the individual is safer (statistically) in a group than alone when facing a predator intent on lunch. But the individual is **safer because it is in a group, not in a group BECAUSE it will be safer there**. The first wording suggests an unplanned benefit derived from evolution, mutation, and adaptation, and the second wording implies a known purpose for the grouping. The second wording also presents serious biological and philosophical difficulties for those who discuss the deep ramifications of the actions of living organisms.

The concept of "Descent With Modification" is the description Charles Darwin liked to use for the process he proposed to explain the changes seen over time in living organisms. But this process, buttressed by Darwin's many supporting examples and confirmed by the "mountain range" of data from thousands of later studies in a wide variety of fields of investigation, was long ago elevated to the level of **Theory** of Evolution. The term "theory," properly applied, is not often earned in the work of science.

UPCOMING EVENTS & ANNOUNCEMENTS

Memory Activities Class

Wednesday, Dec. 7, at 10 a.m.

Memory Activities Class (MAC) provides education, activities and discussions about memory and cognition in an informal setting. This group will meet at 10 a.m. Wednesday, Dec. 7, in the KSU Classroom.

Vespers Services

Sunday, Dec. 4, at 7 p.m.

The Vespers service, led by Rev. Paul Allen from First Christian Church, will be at 7 p.m. Sunday, Dec. 4, in the Community Room.

Memory Café

Wednesday, Dec. 7, at 10 a.m.

Memory Café will meet in the West Conference Room at 10 a.m. Wednesday, Dec. 7. This group features story sharing, reminiscing and social engagement. It is facilitated by Bridget Larkin and Arlene Lundberg. All are welcome to participate and snacks are provided.

Kansas State Football Watch Party

Saturday, Dec. 3, at 11 a.m.

K-S-U Wildcats! Come and cheer your K-State Wildcats as they take on Texas Christian University's Bullfrogs Saturday, Dec. 3! The game will kick off at 11 a.m. in the Game Room.

Second Session of Grief Support Group

Tuesday, Dec. 6, from 2 to 3 p.m.

The next second session of Grief Support Group is at 2 p.m. Tuesday, Dec. 6, in the West Conference Room. This is an opportunity to discuss bereavement and healing in a supportive environment.

Meadowlark Hills Singers Practice

Monday, Dec. 5, at 3 p.m.

Meadowlark Singers practice is scheduled at 3 p.m. Monday, Dec. 5, in the Community Room.

Video & Discussion

Wednesday, Dec. 7, at 4 p.m.

You are invited to watch a televised worship bible study over Islam 2 Sessions five and six at 4 p.m. Wednesday, Dec. 7, in the Living Room.

Get on the Good Foot!

Friday, Dec. 9, at 3 p.m.

The next dance class is at 3 p.m. Friday, Dec. 9, in the Community Room.

LETTER TO THE MESSENGER

On the Young Business Man

Submitted by Helen Roser

The arrival of these cool, nippy wintry days reminds me of a day years ago when my doorbell rang. My house still had the aroma of cookies. I had baked 60 dozen cookies of twelve varieties. The day before I had delivered baskets of cookies to all the neighbors on our long block.

My doorbell rang. Answering it, I saw a very little boy, who lived at the other end of our long block. He was holding a brown paper grocery bag that was nearly as big as he was.

In a very earnest voice, the little boy said: "Helen, we need more cookies!" He held out the paper bag to me. I invited him in and took the paper bag, saying: "I don't think we need this. I have something to put cookies in." He stood by the kitchen table, intently watching the placement of every cookie as I filled the cookie box. With great concern, he told me: "Be sure to put plenty of those peanut butter ones in. Those are my Dad's favorites."

He carefully accepted the box of cookies, said a polite thank you and hurried out the door. It was a long walk for his little legs to get him back home.

A little later, my phone rang. Answering it, I heard a mortified voice. "I am dying!" his mother told me, adding: "I saw him with the cookies and asked where he got them. He told me he went to Helen's for more cookies after we ran out. I am dying!" She offered to pay me for them.

Laughing, I was merciful of her. I didn't tell her about the paper bag he had brought nor of his supervision as the order was filled. I told her I was happy to know my cookies had been a success and I told her she should be proud of her resourceful young son.

I have no doubt that he was gone on to live a very worthwhile life. He probably is some lucky kids' Grandpa now.

DRINK SPECIAL



Dec. 5 to Dec. 10
Angel Delight

1 oz. Cream
3/4 oz. Triple Sec
3/4 oz. Gin
Two - Three dashes of Grenadine

\$3.75

December BIRTHDAYS



Residents

Health Care

12/4	LeRoy Johnson
12/11	Mary Smith
12/13	Harold Hall
12/16	Betty Roudybush
12/17	Ina Dwyer
12/17	Frances Ellis
12/19	Betty Banks
12/21	Iris Braddock
12/26	Fred Atchison
12/31	Robert Rettele

Bold denotes milestone birthday of 80, 90, 100 or 100+

Employees

12/1	Liz Birk
12/1	Doug Fiser
12/1	Allison Pfeifer
12/2	Kalina Stone
12/4	Ebonie Christian
12/5	Kimberly Cabezas
12/5	Kenneth Kelley
12/7	Jaime Schultz
12/8	Maricela Cortez
12/8	Angela Fowles
12/9	Shauna Grant
12/9	Ed Payne
12/9	Amber Theobald
12/9	Sarah Wood
12/11	Teri Monhollon
12/11	Tracy Musselman
12/16	Irina Dickinson
12/16	Kametra Heslip

Assisted Living

12/ 2	Ann Weston
12/12	Patricia Hagan
12/15	Janice Lee
12/16	Marjorie Schlegel
12/29	Alice Edmunds
12/29	Pauline Livingston

Independent Living

12/1	Donna Alexander
12/1	Robert Cranmer
12/2	Mertyce Rohles
12/4	Eugene Laughlin
12/4	William Phillips
12/4	Arnold Spencer
12/7	Pauline Spencer
12/13	Wayne Engelhardt
12/14	Sue Hunt
12/21	Verna Turnquist
12/23	Fred Rohles
12/26	Janice Parsons
12/27	Bea Rasmussen
12/28	Orlan Buller
12/28	Bob Robinson
12/30	Linda Hood
12/31	Don Emley

12/18	Sydney Cox
12/18	Macy Hawkins
12/19	Jennie Brown
12/22	Brandi Evans
12/25	Brenda Emory
12/25	Mattie Nuckols
12/26	Deb Gustafson
12/26	Sarah Todd
12/28	Ryan Montgomery
12/29	Anthony Mies
12/30	Michael Fuchs

PRAIRIE STAR RESTAURANT

Monday to Saturday, 10:30 to 8 p.m.
Sunday, 10:30 a.m. to 7 p.m.

Dec. 4 - Dec. 10

Includes beverage, starter and dessert.

The restaurant can accept up to four reservations per time, depending on party size. Reservations can be made in person or by calling 323-3820.

SUNDAY	December 4 ~ Lunch \$12	Dinner \$11
	Baked Ham with Brown Sugar Honey Glaze Scalloped Potatoes Vegetable of the Day	Shepherds Pie Vegetable of the Day
MONDAY	December 5 ~ Lunch \$10	Dinner \$12
	Tamale Pie Baked Beans Spanish Rice	Sautéed Chicken Breast with Sun Dried Tomato Sauce Roasted Red Potatoes Vegetable of the Day
TUESDAY	December 6 ~ Lunch \$8	Dinner \$13
	Fajita Bar (does not include drink, starter or dessert)	Pork Tenderloin Marsala Butternut Squash Risotto Vegetable of the day
WED.	December 7 ~ Lunch \$10	Dinner \$13
	Spinach, Bacon & Mushroom Quiche Rice Pilaf Choice of Vegetable	Grilled Salmon with Dill Sauce Duchess Potato Vegetable of the Day
THURS.	December 8 ~ Lunch \$8	Dinner \$12
	Potato Bar (does not include drink, starter or dessert)	Swiss Steak Mashed Potatoes with Gravy Vegetable of the Day
FRIDAY	December 9 ~ Lunch \$10	Dinner \$12
	Turkey Reuben Coleslaw French Fries	Manicotti with Beef & Cheese Garlic Toast Vegetable of the Day
SAT.	December 10 ~ Lunch \$10	Dinner \$14
	Pig in a Blanket Baked Beans Choice of Vegetable	Shrimp Scampi Rice Pilaf Vegetable of the Day

*You may substitute an extra vegetable for the starch on any special for no additional charge.

Grosh Cinema Movies

Sunday, Dec. 4 - Saturday, Dec. 10

Show Times: 1, 4 and 7 p.m., Monday – Saturday
2 and 6 p.m., Sunday

Sunday, Dec. 4 – Lilo & Stitch (2002)

Disney's song-filled animated comedy follows a lonely Hawaiian girl named Lilo who adopts a funny-looking dog and doesn't realize it's a wacky alien.

Co-Starring: Daveigh Chase, Chris Sanders & Tia Carrere

Rated PG; 1 hr. 25 min.

Monday, Dec. 5 – Son In Law (1993)

In an effort to ward off a boorish hometown suitor, college student Rebecca asks her spaced-out roommate, Crawl, to pose as her fiancé during a trip home to the family farm for Thanksgiving.

Co-Starring: Pauly Shore, Carla Gugino & Lane Smith

Rated PG-13; 1 hr. 35 min.

Tuesday, Dec. 6 – How To Make An American Quilt (1995)

A conflicted young woman spends the summer with her grandmother, her great-aunt and their quilting circle, whose life stories captivate her.

Co-Starring: Winona Ryder, Anne Bancroft & Ellen Burstyn

Rated PG-13; 1 hr. 56 min.

Wednesday, Dec. 7 – National Lampoon's Christmas Vacation (1989)

Hapless Clark, exasperated Ellen and their ever-changing kids take on Christmas in this holiday classic. As usual, all their good intentions can't save them from disaster...or Cousin Eddie, whose surprise visit throws them into dismay.

Co-Starring: Chevy Chase, Beverly D'Angelo & Juliette Lewis

Rated PG-13; 1 hr. 37 min.

Thursday, Dec. 8 – The Story of Ruth (1960)

Henry Koster directs this biblical tale about Ruth, a Moabite who leaves her pagan temple behind when she falls in love with a Jew named Mahlon.

Co-Starring: Stuart Whitman, Tom Tryon & Peggy Wood

Not Rated; 2 hrs. 11 min.

Friday, Dec. 9 – Magic In The Moonlight (2014)

Exposing a phony soothsayer proves harder than expected when the debunker (an Englishman) becomes smitten with the purported fraud (a French beauty).

Co-Starring: Eileen Atkins, Colin Firth & Marcia Gay Harden

Rated PG-13 1 hr. 38 min.

Saturday, Dec. 10 – Mr. Magoo (1997)

Through a twist of fate, nearsighted millionaire Mr. Magoo ends up in possession of a priceless gem, with thieves and the feds in hot pursuit.

Co-Starring: Leslie Nielsen, Kelly Lynch & Matt Keeslar

Rated PG; 1 hr. 27 min.

This Week's Opportunities December 4 - December 10

SUNDAY • DECEMBER 4

Breakfast at Verna Belle's—Omelets with Fruit

- 9:00 a.m. ~ Miller Worship Service, MFR
- 10:00 a.m. ~ Worship Service, CR
- 2:00 p.m. ~ Wroten Worship Service, WL
- 7:00 p.m. ~ Vespers led by Rev. Paul Allen, from First Christian Church, CR

MONDAY • DECEMBER 5

Trash pick-up day

Breakfast at Verna Belle's—Biscuits & Sausage Gravy

- 8:30 a.m. ~ IL Resident Council, KSU CL
- 9:30 a.m. ~ Town Meeting, CR
- 11:00 a.m. ~ Sit and Be Fit, CR
- 11:00 a.m. ~ St. Luke's Communion, LR
- 12:00 p.m. ~ Yoga, KSU CL
- 12:00 p.m. ~ Weights 101, CR
- 1:00 p.m. ~ Blood Pressure Clinic, GR
- 1:15 p.m. ~ Parkinson's Exercise Class, CR
- 1:30 p.m. ~ Ladies Pool Table Time, BP
- 2:15 p.m. ~ Parkinson's Voice Class, KSU CL
- 3:00 p.m. ~ MLH Singers Practice, CR
- 5:30 p.m. ~ Tuttlecreek Supper, MR
- 7:00 p.m. ~ Community Bingo, CR

TUESDAY • DECEMBER 6

Breakfast at Verna Belle's—Breakfast Sandwich with Fruit

- 7:30 a.m. ~ 1st Pres. Men's Bible Study, LR
- 10:30 a.m. ~ Steady Yourself, CR
- 11:15 a.m. ~ Chair Yoga, CR
- 12:00 p.m. ~ Kimball Luncheon, MR
- 12:00 p.m. ~ Seven Dolors Book Discussion, LR
- 2:00 p.m. ~ Grief Support Group, CON
- 2:00 p.m. ~ LifeStory Writing Group, LR
- 3:00 p.m. ~ Coffee Corner, CR
- 3:30 p.m. ~ Ambassador Committee Meeting, CON
- 4:00 p.m. ~ Newspaper & Bible, LR

WEDNESDAY • DECEMBER 7

Breakfast at Verna Belle's—Breakfast Burrito with Fruit

- 9:00 a.m. ~ New Perspectives, KR
- 9:30 a.m. ~ Seated Strength, CR
- 10:00 a.m. ~ Worship Service, LR
- 10:00 a.m. ~ Memory Activities Class, KSU CL
- 10:00 a.m. ~ Memory Café, CON
- 10:00 a.m. ~ Memory Care Partners Support Group, TR
- 10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
- 10:20 a.m. ~ Weights 101, CR
- 11:00 a.m. ~ Sit and Be Fit, CR
- 11:00 a.m. ~ Memory Luncheon, MR
- 11:30 a.m. ~ 1st Men's Club Luncheon, CON
- 12:00 p.m. ~ Yoga, CR

- 1:15 p.m. ~ Dr. Tran's Foot Clinic, CR
- 1:30 p.m. ~ Pitch, GR
- 3:00 p.m. ~ Call Hall Ice Cream, KR
- 3:00 p.m. ~ Fit 2 Fight PD, CR & CSC
- 4:00 p.m. ~ Video & Discussion, LR
- 6:30 p.m. ~ Gerontology Class, CR

THURSDAY • DECEMBER 8

Breakfast at Verna Belle's—Biscuits & Sausage Gravy

- 9:00 a.m. ~ Messenger Ladies, CON
- 10:00 a.m. ~ Resident Focus Group, KSU CL
- 10:00 a.m. ~ Meadowlark Bible Study, CON
- 10:00 a.m. ~ Great Decisions, LR
- 10:30 a.m. ~ Steady Yourself, CR
- 11:15 a.m. ~ Chair Yoga, CR
- 12:30 p.m. ~ Meadowlark Ladies' Luncheon, MR
- 1:00 p.m. ~ Blood Pressure Clinic, GR
- 4:00 p.m. ~ Center on Aging Lecture Series, CR

FRIDAY • DECEMBER 9

Breakfast at Verna Belle's—Waffle or Pancake

- 9:30 a.m. ~ Seated Strength, CR
- 10:20 a.m. ~ Weights 101, CR
- 11:00 a.m. ~ Sit and Be Fit, CR
- 1:00 p.m. ~ Hand and Foot Card Games, GR
- 1:15 p.m. ~ Parkinson's Exercise Class, CR
- 3:00 p.m. ~ Memory Program Dance Class, CR
- 7:00 p.m. ~ Resident Program: MLH Singers Winter Concert, CR

SATURDAY • DECEMBER 10

Breakfast at Verna Belle's—Omelets with Fruit

- 9:00 a.m. ~ Fit 2 Fight PD, CSC
- 9:30 a.m. ~ Painting for Fun, KSU CL

ROOM ABBREVIATIONS

BP, Billiards Parlor	LB, Library
CH, Collins House	LR, Living Room
CR, Community Room	MFR, Miller Friendship Rm
CON, Conference Room	MR, Manhattan Room
GR, Game Room	PS, Prairie Star Restaurant
GC, Grosh Cinema	TR, Tranquility Room
KR, Kansas Room (Pub)	VE, Village Entrance
KSU CL, KSU Classroom	WL, Wroten Library
PSP, Prairie Star Patio	CSC, Combative Sports Center

Jokes of the Week

What do Santa's elves learn in school?
The Elfabet.

Where does the snowman hide his money?
In the snow bank.

*Meadowlark News Channel can be viewed on channel 1960